

THE CHAIR OF EMU DEPARTMENTS OF PHYSICS AND CHEMISTRY, PROF. DR. İZZET SAKALLI, RECEIVES 'OUTSTANDING REVIEWER' AWARD FROM CANADA FOR THE THIRD TIME

Prof. Dr. İzzet Sakallı, the Chair of Departments of Physics and Chemistry at the Eastern Mediterranean University (EMU) Faculty of Arts and Sciences and, the Coordinator of the Academic Project – Research and Development Office, received 'Outstanding Reviewer' award third time in a row from the Canadian Journal of Physics published by the NRC Research Press, oldest academic publication organization of Canada.

Said journal was published in 1929 under the name of Canadian Journal of Research, then renamed



in 1951 as the Canadian Journal of Physics. The Canadian Journal of Physics is a distinguished international scientific journal, recognized for its peer-reviewed content and its focus on publishing original research in the field of physics.

Since its establishment, it has been included in the Science Citation Index (SCI), one of the prominent scientific indexing services of its era, and today it is indexed under the Science Citation Index Expanded (SCIE) category within the updated Web of Science database.

Prof. Dr. Sakallı's achievement in earning this prestigious award for the third time in a row and solely this time—underscores EMU's solid standing in the global academic sphere, while also emphasizing the institution's research output and the excellence of its academic personnel.

### IMMOVABLE PROPERTY COMMISSION CHAIR VEÇHİ AND GENERAL SECRETARY AYLANÇ INFORM EMU SENATE ON LATEST DEVELOPMENTS



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Turkish Republic of Northern Cyprus Immovable Property Commission Chair Növber Ferit Veçhi and the General Secretary of the Commission Nahide Akyüzlü Aylanç visited Eastern

Two EMU Graduates Listed Among The '100 Most Influential Digital Leaders Of Turkiye delivered a presentation titled "Operating Principles of the Immovable Property Commission and the Latest Developments" for the EMU Senate Members. The

Mediterranean University (EMU) and

EMU Faculty Of Tourism Pays A Meaningful Visit To 'Anitkabir presentation was attended by EMU Rector Prof. Dr. Hasan Kılıç and Vice Rectors Prof. Dr. Osman M. Karatepe, Prof. Dr. Salih Katırıcoğlu and Prof. Dr. Ali Öztüren.

Making an address before the presentation, Prof. Dr. Kılıç expressed the university's contentment on hosting the Chair and General Secretary of the Immovable Property Commission at EMU. Prof. Dr. Kılıç welcomed Veçhi and Aylanç on behalf of Senate Members.

In her presentation, Aylanç provided information regarding the Immovable Property Commission, presenting insights on the establishment and operating principles of the commission as well as the ongoing cases and current initiatives.

#### "The Available Options include

**Compensation, Refund, or Exchange"** In her presentation, Vechi detailed the application process and procedures of the Immovable Property Commission, mentioning that applicants can choose from three options: compensation, refund, or exchange, with most >> pg 2

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### IMMOVABLE PROPERTY COMMISSION CHAIR VEÇHİ AND GENERAL SECRETARY AYLANÇ INFORM EMU SENATE ON LATEST DEVELOPMENTS

opting for compensation. Pointing out that applications are accepted in multiple languages and provided guidance on the necessary steps for submission, Veçhi also shared information about both resolved and pending cases, underscoring that the total number of applications has reached 8,160. In the question-answer session, the topic of property was thoroughly discussed, addressing numerous questions from attendees. When asked about Turkish Cypriots who signed waivers and acquired properties in Northern Cyprus in exchange for those they left behind in Southern Cyprus, and what happens when Greek



Cypriots apply to the Immovable Property Commission regarding such properties, Veçhi clarified that whether or not equivalent property is offered is irrelevant. She stressed that, in these cases, restitution is usually not granted, and compensation is typically provided instead. Furthermore, Veçhi stated that if the property is within the territory of the Turkish Republic of Northern Cyprus, the issue of restitution is subject to negotiations between the concerned parties.

On the other hand, addressing the question about what happened to the properties left by Turkish Cypriots who moved from Southern to Northern Cyprus, Veçhi explained that these properties have not been reassigned and still remain registered in the names of the original owners. At the end of the presentation, Prof. Dr. Kılıç honoured Veçhi and Aylanç with plaques of appreciation in recognition of their contributions.

# 'MARITIME GEOPOLITICS AND REGIONAL POWER SHIFTS' PANEL HELD AT EMU

Eastern Mediterranean University (EMU) Strategic Research Center (SAM) organized a panel titled "Maritime Geopolitics and Regional Power Shifts". Held at the EMU Faculty of Business and Economics, the panel approached changes in global power shifts, strategic rivalries and overseas allies within the framework of maritime geopolitics.

Dr. Brendon J. Cannon from Khalifa University and Dr. Serhat Süha Çubukçuoğlu – the Program Director of TRENDS Research &



Advisory Türkiye, attended the event as guest speakers. These two distinguished experts shared insights on a variety of current issues, including Türkiye's "Mavi Vatan/Blue Homeland" strategy and China's initiatives to broaden its influence across land and maritime domains.

Dr. Cannon highlighted China's expanding presence in Central Asia, drawing on traditional geopolitical theories, and pointed out that Western naval strategies have proven insufficient in responding to this rise. He explained that China is extending its influence through means such as infrastructure projects, technological investments, and debt diplomacy, rather than relying on military power.

On the other hand, Dr. Çubukçuoğlu compared the Blue Homeland strategy with the maritime security policies of the Gulf countries. He noted that Türkiye adopted a more independent and proactive approach; meanwhile, Gulf countries opted external factors to ensure security.

The panel put emphasis on the fact that seas do not solely hold geographic importance, rather they also have political and economic significance. Participants stressed that maritime regions are central to contemporary global power dynamics. During the well-attended and interactive session, moderated by Assist. Prof. Dr. Gülay Umaner Duba, Director of the Strategic Research Center, panelists responded to audience questions and explored potential outcomes of maritime geopolitics and shifting regional power balances.



# THE WORKSHOP REPORT OF "NEW HORIZONS AND COLLABORATIONS IN TURKIC WORLD TOURISM" HOSTED BY EMU RELEASED

The report on the workshop titled "New Horizons and Collaborations in Turkic World Tourism" held on 23 May 2025, as part of the 7th International Turkic World Tourism Congress organized on 21-25 May 2025, has been released. The said workshop was held within the scope of the distinguished congress, hosted by the Faculty of Tourism at Eastern Mediterranean University (EMU), and organized with the esteemed contributions of the Deputy Prime Ministry and the Ministry of Tourism, Culture, Youth, and Environment of the Turkish Republic of Northern Cyprus, the Ministry of Culture and Tourism of the Republic of Türkiye, and the Presidency for Turks Abroad and Related Communities.

The report summarizing the workshop, which explored in detail essential topics such as the tourism potential of shared historical and cultural heritage, adaptation to global trends, opportunities for collaboration, marketing and promotional strategies, and tourism education, aims to provide valuable insight and direction for the future development of tourism and partnerships across the Turkic World.

Following the workshop, various decisions were taken regarding how Turkic World countries can align with global tourism trends like digitalization, personalization, and sustainability, and the corresponding actions to be undertaken. The discussions also covered the prospects for tourism collaboration among these nations, the creation of joint tourism products, enhanced strategies for promoting the Turkic World's tourism potential internationally, and an evaluation of the current status of tourism education—including curriculum benchmarking, quality standards, and opportunities for partnership.



News from Our Alumni

#### *TWO EMU GRADUATES LISTED AMONG THE '100 MOST INFLUENTIAL DIGITAL LEADERS OF TÜRKİYE'*

Eastern Mediterranean University (EMU) graduates Ahmet Bilgen and Koray Gültekin Bahar once again achieved to appear on the "100 Most Influential Digital Leaders of Türkiye" list by Fast Company Türkiye. EMU Faculty of Arts and Sciences, Applied Mathematics and Computer Sciences undergraduate and master's programs graduate Ahmet Bilgen and, EMU Faculty of Engineering, Department of Computer Engineering graduate Koray G. Bahar are viewed among the most influential figures leading digital transformation in Türkiye.

Ahmet Bilgen, who is also the first angel investment of Türkiye, is renowned with his technology-oriented initiatives and his leadership in the field of investing. Founder of the new generation technology companies such as TrendBox, FigoPara and Caretta Robotics, Bilgen plays a pioneering role in Türkiye's entrepreneurial landscape by driving impactful innovations in the digital economy.

Founding Partner and CEO of the FigoPara, Koray Gültekin Bahar serves in key leadership roles including Vice Chair of the Young Entrepreneurs Board at the Union of Chambers and Commodity Exchanges of Türkiye (TOBB), Chair of TOBB's Financial Technologies Assembly, and as a board member of Endeavor Türkiye. With significant senior management experience in digital finance and software industries, Bahar is recognized as a



pioneer in the sector, especially for his impactful initiatives and projects in financial technology and digital transformation.

A statement by EMU Rector's Office stressed the university's pride in having its graduates featured in such prestigious lists. The statement also read; "The impact of our graduates in leading Türkiye's digital transformation reflects the excellence of our university's education in science and technology. We warmly congratulate our alumni for their outstanding representation of our institution".



Fast Company Türkiye - the 100 Most Influential Digital Leaders of Türkiye Annually published by the Fast Company Türkiye magazine, the "100 Most Influential Digital Leaders of Türkiye" list features senior executives shaping digital transformation. Comprising leaders from sectors like technology, finance, e-commerce, and software, the list is curated through assessments by a panel of experts. This esteemed compilation recognizes those advancing Türkiye'a digital transformation and seeks to showcase influential leaders making a difference in their industries.

### Past 4 Jeck in EMU

# **EMU FACULTY OF COMMUNICATION ATTENDS THE 33RD ILDEK MEETING**



Eastern Mediterranean University (EMU), Faculty of Communication participated in the 33rd International Council of Communication Faculty Deans Meeting (ILDEK) organized with the aim of strengthening the collaboration within the communication faculties as well as evaluating current academic developments.

Organized annually, this year's ILDEK meeting was hosted by the Çanakkale Onsekiz Mart University. The event brought together deans and vice deans from communication faculties of universities in Türkiye and the Turkish Republic of Northern Cyprus. Among the attendees was Prof. Dr. Aysel Aziz, a leading scholar in communication sciences and the founding dean of EMU's Faculty of Communication. During the meeting, Prof. Dr. Aziz offered reflections on the future of communication education and contributed meaningfully to the academic exchange of knowledge and experience.

### Communication Education and Artificial Intelligence Discussed

EMU Communication Faculty Dean Prof. Dr. Metin Ersoy also took part in the meeting, aiming to enhance collaboration among faculties and stay informed about recent developments in the communication field. The program featured a series of panels and workshops addressing key topics such as the academic and structural growth of communication faculties,



accreditation processes, artificial intelligence and copyright, science communication, and emerging educational models. In this remarks following the the 33rd International Council of Communication Faculty Deans (ILDEK) Meeting, Prof. Dr. Ersoy underlined the value of scientific events in contributing to educational and curriculum advancement in communication. He particularly emphasized the importance of a cautious and well-planned approach to incorporating artificial intelligence into communication education and noted that the faculty intends to hold more academic events focused on AI in the near future.

### EMU ACADEMIC PERSONNEL MEMBER PROF. DR. FATIH BAYRAKTAR REPRESENTS EMU AT THE 39TH EFPSA CONGRESS



Eastern Mediterranean University (EMU), Faculty of Arts and Sciences, Department of Psychology academic staff member Prof. Dr. Fatih Bayraktar represented EMU at the 39th European Federation of Psychology Students' Association (EFPSA) Congress at the invitation of EFPSA.

Leading a workshop titled "Revisiting Positive Illusions; Adaptive or Problematic!" at the said congress, Prof. Dr. Bayraktar stated that they have a joyful yet in-deep event with students from various European countries.

Providing information on the topics discussed during the workshop, Prof. Dr. Bayraktar said; "We examined how positive illusions, our tendency to view ourselves, our relationships, and our experiences



in an optimistic light, can sometimes make life easier, while in other cases they might create risks. Beyond the scientific discussion, I also appreciate the significance of a Turkish Cypriot scholar being invited for a second time to a European conference representing Eastern Mediterranean University".



## EMU REPRESENTED AT THE 3RD ADOLESCENCE AND YOUTH RESEARCH CONGRESS



Dr. Psychologist Fatoş Özeylem from the Eastern Mediterranean University (EMU), Psychologic Counselling, Guidance and Research Center (PDRAM), successfully represented EMU with her two separate presentations at the 3rd Adolescence and Youth Research Congress (EGAD 2025) hosted by the İzmir Adnan Menderes University.

At the congress organized with the theme of "Being an Adolescent and a Young Person in the Digital Age", Dr. Psycologist Özeylem presented two studies conducted in collaboration with researchers from Roehampton University (UK) and The Autonomous University of Madrid (Spain). These studies were based on data from the Global School-based Student Health Survey (GSHS), developed by the World Health Organization. The presentations focused on "The Impact of Peer Bullying, Loneliness, and Parental Relationships on Substance Use among Adolescents in Six Low- and Middle-Income Countries" and "How Country-Specific Factors Influence Problematic Alcohol Use among Adolescents across 73 Low- and Middle-Income Countries".

Dr. Psychologist Özeylem shared her thoughts on the congress, which brought together many researchers from countries such as the United States, the United Kingdom, Canada, and Türkiye. She described the event as highly productive from a scientific standpoint, highlighting its focus on the psychological development of adolescents and young adults, particularly university students, through a multicultural lens in the digital era. Moreover, Dr. Psychologist Özeylem pointed out that the congress supported the applied psychological services carried out at EMU-PDRAM and helped pave the way for future international research partnerships in academic work.

### EMU FACULTY TOURISM PH.D. STUDENTS ATTEND THE 6TH CONFERENCE ON MANAGING TOURISM ACROSS CONTINENTS



Eastern Mediterranean University (EMU), Faculty of Tourism, Tourism Management Doctoral Program students Fetine Bayraktar and Niusha Talebzadeh attended the 6th Conference on Managing Tourism Across Continents (MTCON'25) held in Istanbul, successfully representing EMU at an international level. Organized by the Association of Turkish Tourism Academics (TUADER) with the theme of "Tourism for a Better World", the conference hosted 494 academics from 44 different countries, serving as a significant international and scientific hub.

### EMU's Institutional and Academic Contributions to the Conference

EMU Rector Prof. Dr. Hasan Kılıç and EMU Vice Rector for Academic Affairs Prof. Dr. Osman M. Karatepe institutionally contributed to the conference by participating in the Advisory and Honorary Boards of the said event. On the other hand, EMU Tourism Research Center Coordinator Assoc. Prof. Dr. Hamed Rezapouraghdam took part in the Scientific Board of the conference, contributing in shaping of academic content.

At the event, Fetine Bayraktar delivered a presentation titled "Revolutionizing Hospitality: Managerial Insights into Digital Transformation in Tourism". On the other hand, Niusha Talebzadeh contributed to the event with her presentation titled "Boosting Customer Brand Commitment by Designing Ethical AI Systems in the Hospitality Industry".

Bayraktar and Talebzadeh received the "Support for Attending Scientific Conferences" grant under the EMU Scientific Research Scholarship program. They conveyed their pride in experiencing this special opportunity, highlighting it as a testament to EMU's dedication to research and scientific output, and thanked the EMU Research Support Office for their continued support.



### Past 4 Jeck in EMU

# DIETITIANS DAY PANEL HELD AT EMU









Eastern Mediterranean University (EMU), Health Sciences Faculty, Department of Nutrition and Dietetics and, EMU Nutrition and Dietetics Club co-organized a panel event on the occasion of "Dietitians Day". The event which was held at the Champion Angels Amphitheatre, hosted Prof. Dr. Hülya Gökmen Özel, the Chair of Turkish Dietetic Association; Assist. Prof. Dr. Hidayet Ağören, the Chair of Cyprus Turkish Dietitians Association; and Prof. Dr. Murat Baş, the Dean of Faculty of Health Sciences at the Acıbadem Mehmet Aki Aydınlar University.

The panel event was attended by, Dean of the Faculty of Health Sciences Prof. Dr. Mehtap Malkoç, Vice Deans of EMU Faculty of Health Sciences Assoc. Prof. Dr. Yasin Kurt and Assist. Prof. Dr. Asiye Yeter Başaran, Head of EMU Department of Nutrition and Dietetics Assist. Prof. Dr. Gözde Okburan, Head of the EMU Department of Physiotherapy and Rehabilitation Prof. Dr. Mitat Koz, Head of the EMU Department of Nursing Prof. Dr. Sevinç Taştan and many students.

#### "An Essential Role in Establishing Healthy Living Habits"

Assist. Prof. Dr. Okburan, Head of EMU Nutrition and Dietetics Department, began the panel by expressing gratitude to all contributors. She shared her happiness to see everyone gathered with a sense of pride in health, science, and their profession. Assist. Prof. Dr. Okburan emphasized that the occasion is not just about celebrating Dietitians Day, but also about honouring a profession devoted to human health, its scientific foundation, and ethical commitment. Assist. Prof. Dr. Okburan pointed out that dietitians play a vital role in enhancing individuals' quality of life, safeguarding public health, and fostering sustainable healthy habits. She continued, stating, "Healthy eating today is more than a personal choice-it's a global health strategy. This event serves to highlight the importance of our field, motivate emerging professionals, and remind us all of the collective duty we share for a healthier community"

#### "An Essential Pillar of Healthcare"

Following Assist. Prof. Dr. Okburan, the Dean of EMU Faculty of Health Sciences Prof. Dr. Mehtap Malkoç expressed her pleasure in greeting the attendees on behalf of the faculty. She emphasized that the field of Nutrition and Dietetics, an essential pillar of healthcare. demonstrated its importance once again during this event. Prof. Dr. Malkoc highlighted the critical role Nutrition and Dietetics plays in maintaining health, treating diseases, and improving the quality of life for society. She extended her congratulations to all dietitians on Dietitians' Day. Addressing the purpose of the panel, Prof. Dr. Malkoc stated that the goal was to enhance the knowledge and experience of esteemed colleagues and students, help them stay updated with the latest scientific developments, and gain new perspectives. She sincerely thanked all speakers for generously sharing their knowledge and experiences.

Following the opening speeches, panel session, led by EMU Faculty of Health Sciences academic staff member Prof. Dr. Emine Yıldız, commenced. The first session of the panel covered a presentation titled "Küresel Dinamiklere Uyumda Meslek Örgütlerinin Yenilikçi Yaklaşımları / Innovative Approaches of the Professional Bodies in Adapting Global Dynamics" by the Chair of Cyprus Turkish Dietitians Association Assist. Prof. Dr. Hidayet Ağören. The session continued with a presentation delivered by Prof. Dr. Hülya Gökmen Özel, the Chair of Turkish Dietetic Association, on "Türkiye'de Diyetisyenlik Mesleği: Merak Ettikleriniz / Dietetics Profession in Türkiye: Things You Are Curious About"

Furthermore, the second session featured the "Sağlıklı Beslenme ve Bağırsak Mikrobiyotasının Longevity Üzerine Etkileri / Effects of Healthy Nutrition and Gut Microbiota on Longevity" presentation by Prof. Dr. Murat Baş. The panel, which hosted specialists in the field, provided detailed insights on healthy eating, career advancement, and the latest scientific methods.



### "CURRENT DIRECTIONS IN TURKISH FOREIGN POLICY: STARTEGY, SHIFTS, AND CHALLENGES" PANEL HELD AT EMU



Eastern Mediterranean University (EMU), Cyprus Policy Center (CPC) and Faculty of Business and Economics, Department of Political Science and International Relations coorganized a panel titled "Current Directions in Turkish Foreign Policy: Strategy, Shifts and Challenges".

Delivering a speech at the beginning of the panel, Chair of both EMU Department of Political Science and International Relations and the EMU-CPC, Prof. Dr. Ahmet Sözen welcomed everyone attending the event and introduced Assist. Prof. Dr. Mehtap Kara, Research Assistant Vera Liubchak and Research Assistant Oğuz Ufuk Haksever, the speakers of the event, to the attendees.

During the panel, Assist. Prof. Dr. Kara opened by outlining Türkiye's strategy of protection within the framework of major power rivalries, explaining how the country uses a "hedging" strategy to turn international circumstances to its benefit. Subsequently, Research Assistant Vera Liubchak presented Türkiye's vision of its position in the global system, focusing on its relations with Russia and the United States. Liubchak noted that maintaining relations with both powers allows Türkiye to assert itself as a prominent regional hegemon.

In his presentation, Research Assistant Oğuz Ufuk Haksever focused on the twofold populism present in the AKP's foreign policy. He examined Türkiye's transition from pursuing a federal resolution to endorsing a two-state solution regarding the Cyprus conflict.

In the highly-interacted panel, moderated by Prof. Dr. Sözen, the panellists thoroughly explored Türkiye's foreign policy strategies, the changes it has undergone, and the challenges confronting it, responding actively to audience questions.





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### EMU'S MULTI-DIRECTIONAL APPROACH TO MULTIPLE SCLEROSIS: SCIENCE-BASED REHABILITATION AND INTEGRATION OF SOCIAL SUPPORT





Eastern Mediterranean University (EMU), Faculty of Health Sciences, Department of Physiotherapy and Rehabilitation organized a symposium titled "Multipl Sklerozda Rehabilitasyon: Fizyoterapide Yeni Ufuklar / Rehabilitation in Multiple Sclerosis: New Horizons in Physiotherapy" on Friday, 23 May 2025, on the occasion of 30 May World Multiple Sclerosis (MS) Day. The event provided a multidisciplinary platform where experts in the field, both academics and clinicians, shared their scientific insights and practical experiences on the role of physiotherapy in MS, contemporary treatment methods, and recent advancements in rehabilitation.

Organized in collaboration with EMU Center for the Application and Research for Healthy Life (SAYMER) and with contributions of Cyprus Turkish Multiple Sclerosis Association, the training program titled "Know Yourself, Manage Your Strength: Effective Fatigue Management for Multiple Sclerosis Patients" focused on coping strategies for fatigue, a frequent issue among MS patients, providing participants with both conceptual understanding and actionable methods. This event which raised awareness on MS disease within the society, also provided contributions towards development of support mechanisms for patients and patient companions, standing out as a model organization that demonstrates EMU's dedication to healthcare responsibility and its mission to serve the community both academically and socially.

#### Shared Message of the Opening Speeches: "Change is now essential"

EMU Vice Rector for Promotion and Institutional Communication Prof. Dr. Ali Öztüren, Head of EMU Department of Physiotherapy and Rehabilitation Prof. Dr. Mitat Koz and, English-medium Program Coordinator of the EMU Department of Physiotherapy and Rehabilitation as well as the Chair of the Symposium Assoc. Prof. Dr. Gözde İyigün delivered opening speeches at the beginning of the event

In her address, Assoc. Prof. Dr. İyigün underscored that the scope of the event extended beyond the simple transmission of academic knowledge, underscoring the vital significance of interdisciplinary cooperation. She observed that rehabilitation has progressed from being solely a physical intervention to adopting a holistic framework that embraces improvements in quality of life, community involvement, and individual optimism. Furthermore, Assoc. Prof. Dr. İyigün emphasized that technological innovations and tailored treatment strategies have become essential components of modern physiotherapy. She concluded by asserting that the evolution of healthcare services is no longer optional but an imperative.

In his opening remarks, Prof. Dr. Mitat Koz pointed out that multiple sclerosis is a multifaceted disease impacting the central nervous system differently in each individual, underscoring the need for tailored and cross-disciplinary rehabilitation strategies. He highlighted that modern therapies, including robotic interventions and virtual reality-assisted techniques, significantly improve the quality of life for those living with MS. Moreover, Prof. Dr. Koz extended his thanks to the academic team responsible for organizing the event.

EMU Vice Rector Prof. Dr. Ali Öztüren also delivered a speech, reminding EMU's longstanding commitment to education, research, and community engagement, and underscoring that the Faculty of Health Sciences exemplifies this dedication. He emphasized that scientific research in physiotherapy and rehabilitation is pivotal in enhancing individuals' quality of life and fostering the development of the healthcare system. Furthermore, Prof. Dr. Öztüren pointed out the increasing significance of rehabilitation for chronic neurological disorders.

Following the speeches, the opening presentations of the event were delivered by the chair of the Symposium Assoc. Prof. Dr. Gözde İyigün, SAYMER Chair Assoc. Prof. Dr. Ender Angın and Cyprus Turkish Multiple Sclerosis Association Chair Sibel Hançerli.

Experts Approached MS from all Directions: Current Approached from Diagnosis to Treatment, Technology to Exercise were discussed During the opening part of the training, Assoc. Prof. Dr. Gözde İyigün, Chair of the Symposium, emphasized the crucial role of technological innovations in managing MS in her presentation titled "Digital Health Solutions in MS: Mobile Apps and Wearable Devices". She concentrated on exploring how technology can be leveraged to address fatigue, outlining the impact of these digital tools in fatigue management.

Based on materials prepared with the contributions of Dr. Physiotherapist Aytül Özdil and Specialist Physiotherapist Betül Fatma Bilgin, who served in the symposium secretariat, participants were presented with effective strategies for managing fatigue in MS. Specialist Physiotherapist Bilgin discussed the importance of tailoring activity pacing to the individual in fatigue treatment and shared innovative therapeutic methods aimed at enhancing gait and mobility in her presentation, "The Code of Movement in MS: Gait Dynamics and Approaches to Improve Mobility." Concurrently, Dr. Özdil offered valuable insights on fostering body awareness as a key component of fatigue management. Following these presentations, a series of practical exercises were conducted to boost participant engagement and awareness. Dr. Özdil further addressed balance challenges in her lecture titled, "Postural Balance in MS: From Objective Evaluation to Functional Recovery."

The symposium comprehensively covered many topics, including MS's causes, digital health tools, balance, and thinking skills. Dr. Sıla Usar İncirli gave a talk called "MS Pathophysiology, Neurological Assessment, and Clinical Follow-up: From Diagnosis to Treatment," where she explained the basic workings of MS and the steps in its treatment.

Specialist Physiotherapist Betül Fatma Bilgin and Assist. Prof. Dr. Nazemin Gilanlıoğlu talked about the essentials in planning individual-specific exercise programs in their presentation titled "How to Create an Exercise Plan for MS Patients". Lastly, Assist. Prof. Dr. Burcu Kaya Kızılöz evaluated mental effects of the disease during her presentation titled "Cognitive Processes in MS Patients: How is Memory Affected?".

#### Special Training Program for MS Patients at EMU: Scientific and Practical Approaches for Effectively Managing Fatigue

EMU: Scientific and Fractical Approaches for Effectively Managing Fatigue As part of the symposium, the training program "Know Yourself, Manage Your Strength," organized jointly by EMU, SAYMER, and the Cyprus Turkish Multiple Sclerosis Association, focused on strategies to manage fatigue, a prevalent symptom among MS patients. The program offered attendees both evidence-based information and practical tools for everyday application. Seventeen MS patients and their caregivers actively participated, with the sessions contributing significantly to raising personal awareness and enhancing support networks.

The event ended with an engaging dialogue session involving participants and the presentation of certificates of appreciation to the speakers. The training program proved to be a meaningful contribution, fostering awareness and supporting professional growth for both patients and healthcare providers.

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### AN IMPRESSIVE FINAL FROM THE AUDIO-VISUAL TRANSLATION DAYS HELD AT EMU: "HEROS" ON STAGE



Annually organized by the Eastern Mediterranean University (EMU), Faculty of Arts and Sciences, Department of Translation and Interpretation, the 15th edition of the "Audio-Visual Translation Days" demonstrated the creativity and professional competency of young candidate translators. Held on 26-28 May 2025, the event offered participants an opportunity to showcase their professional skills and share their creative work.

Professional Presentations from Young Translators

As part of their graduation projects, students from the department gave seminar presentations and worked on translating films. Final-year students Arzu Alp, Buğrahan Kaya, Başak Gülten, Ece Gömdeniz, Selin İpek Aknar, and Şevval Sude Dumanoğlu presented the translation and subtitle synchronization processes of the films they worked on, sharing their experiences with the audience.

Carried out in a workshop-style format, the seminars explored audio-visual translation through both theoretical frameworks and handson examples. Participants were introduced to a broad spectrum of information, including recent technological advancements in the field and techniques for subtitle translation and synchronization.

#### "Our Goal is to Train Well-Equipped and Visionary Professionals for the Industry" Senior Instructor Neslihan Binatlı Hekimoğlu, who served as the Department Coordinator and Academic Advisor for the event, emphasized that the projects reflected a rigorous preparation period and shared her pride in the students with these words:

"The film translation projects completed by our students within their graduation studies are professional and rigorous efforts that showcase their theoretical understanding alongside their technical capabilities. These projects require not only technical proficiency but also cultural awareness and in-depth knowledge, all of which our students have successfully demonstrated."

Hekimoğlu highlighted that the surge of digital platforms such as Netflix, Disney+, and Amazon Prime has significantly increased worldwide demand for audio-visual translation. She emphasized that the EMU Translation and Interpretation Department is committed to producing graduates who are both skilled and forward-thinking to fulfil this growing industry requirement.

#### A Tradition, an Unchanged Vision: 15-Year Journey

Marking its 15th year, the Audio-visual Translation Days underscored the event's significant contribution to EMU's institutional legacy and the advancement of its students. The event treated translation education as more than just a technical process, viewing it as a path for artistic, cultural, and professional development.

### ECOLOGIC DESIGN FROM THE EMU FACULTY OF ARCHITECTURE STUDENTS: SOLAR CHARGING WORKSTATION GRANTED TO YENİBOĞAZİÇİ ELEMENTARY SCHOOL



Within the scope of the "Design and Build" workshop organized by the Research Center for Interdisciplinary Studies in Built Environment (ISBE) operating under the Eastern Mediterranean University (EMU) Faculty of Architecture, a solar charging workstation was designed, built and donated to the Yeniboğaziçi Elementary School. Equipped with a solar panel system and portable enough to serve multiple purposes, the station exemplifies the EMU Faculty of Architecture's dedication to serving the community.

The said project was carried out within the framework of the 11th International Design Week (2024) annually organized by the EMU Faculty of Architecture which brings prominent figures in the design world together. The project, serving as a follow-up to the "Design and Build" workshop series, was conducted under the guidance of Prof. Dr. Charlie Hailey from the University of Florida, and Dr. Bahar Aktuna and Dr. Berna Göl from Yeditepe University. Students from EMU Architecture and Interior Architecture Departments, along with a group from Doğa College, actively participated in the workshop.

The project encouraged students to create designs

based on sustainability principles with an emphasis on social impact and real-life problem-solving. It offered a comprehensive learning approach that prioritized practical experience, allowing students to implement the project through both theory and hands-on practice.

#### Handover Ceremony Held

A handover ceremony was held at the Yeniboğaziçi Elementary School, featuring academics and school administrates who contributed the project. In the remarks delivered at the ceremony, emphasis was put on the importance of university-society collaboration and sustainability.

In her speech, ISBE Executive Board Member and EMU Faculty of Architecture academic staff member Assoc. Prof. Dr. Ceren Boğaç said; "As the ISBE Center of EMU's Faculty of Architecture, we place great importance on helping our students enhance not only their professional abilities but also their social awareness through hands-on design and full-scale production. This project aimed to both reinforce the environmentally conscious educational methods of Yeniboğaziçi Elementary School and offer a motivating example of how renewable energy can be integrated into design for young learners. The openair classroom we previously designed and built for the same school created a space where students could connect with nature by growing plants. Seeing how much both students and teachers enjoy using that space inspired us to take this next step".

Prof. Dr. Kokan Grchev, Chair of ISBE, also made remarks on the topic, saying; "As the Research Center for Interdisciplinary Studies in Built Environment (ISBE), our goal is to create an interdisciplinary platform for critical and conceptual dialogue. As part of our dedication to sustainable innovation, our students created and built a solarpowered outdoor workstation and donated it to Yeniboğaziçi Elementary School. This project not only enhances environmental education but also encourages the use of renewable energy in shared public spaces. The workstation acts as a practical educational tool, helping young students develop an early interest in sustainability, design, and science."

#### Appreciation Message from Yeniboğaziçi Elementary School Administration

Dr. Fahri Tümkan, Principal of the Yeniboğaziçi Elementary Scool, also delivered a speech at the ceremony, stating the school's appreciation; "I would like to extend my sincerest thanks to you for your generous support and meaningful contributions. The environmentally friendly tools your faculty has brought to our school are not only raising our students' awareness about nature conservation but also providing them with the chance to learn outdoors. We are especially grateful to the Eastern Mediterranean University, Faculty of Architecture, and to Assoc. Prof. Dr. Ceren Boğaç for staying in close contact and enabling our students to engage with creative and inspiring designs. We truly appreciate your presence and efforts".

"EMU Faculty of Architecture is ready to Provide All Kinds of Support"

Also making remarks, Dean of EMU Faculty of Architecture Prof. Dr. Resmiye Alpar Atun said; "EMU Faculty of Architecture is committed to promoting social responsibility and environmental awareness through the Research Center for Interdisciplinary Studies in Built Environment (ISBE). Implementing this participatory project in direct collaboration with its users significantly strengthens the bond between the university and the wider community. We extend our sincere appreciation to the administration of Yeniboğaziçi Elementary School for taking on a vital role in advancing sustainability and collective awareness, as well as to the ISBE Center for leading this initiative. We also affirm our continued readiness to support any future collaborations as the EMU Faculty of Architecture"

### EMU FACULTY OF ARCHITECTURE, DEPARTMENT OF INTERIOR ARCHITECTURE CELEBRATES WORLD INTERIORS DAY

Eastern Mediterranean University (EMU), Faculty of Architecture, Department of Interior Architecture organized a special event within the scope of the 2025 World Interiors Day. Held as part of the EMU Design Week activities, the workshop titled "Yapay Zeka Hissedebilir mi? / Can Artificial Intelligence (AI) Feel?" attracted great interest from the students.

Organized in line with the 2025 theme of "Emotive Design, Experience and AI" set by the International Federation of Interior Architects/Designers, the workshop approached the creative role of AI on interior design. Participants engaged in discussions about incorporating emotions into spatial design and also experienced the use of AI-assisted design technologies.

The said event took place in guidance of Assoc. Prof. Dr. Afet Çeliker Coşkun – the Chair of EMU Department of Interior Architecture, Vice Chair of the Department of Interior Architecture Assist. Prof. Dr. Ahenk Yılgın Damgacı and Department of Interior Architecture academic staff member Assist. Prof. Dr. Eliz Erdenizci.

EMU Department of Interior Architecture continues to engage its students with current design trends and aims to cultivate global awareness through these types of activities.





### EMU FACULTY OF ARCHITECTURE. DEPARTMENT OF INTERIOR ARCHITECTURE HOLDS ITS TRADITIONAL CERTIFICATE CEREMONY WITH THE THEME OF SUCCESS AND SOLIDARITY



Eastern Mediterranean University (EMU), Faculty of Architecture, Department of Interior Architecture organized Honour-High Honour Certificate Ceremony for the 2024 – 2025 Academic Year Fall Semester. Held with the theme of "Pembe Renk / Colour Pink", said event was organized to reward students who demonstrated outstanding success throughout the academic year and to strengthen the spirit of solidarity within the department.

The event was coordinated by EMU Department of Interior Architecture academic staff members Assoc. Prof. Dr. Zehra Ongül and Assist. Prof. Dr. Seyit Ermiyagil. Moreover, self-devoted contributions of research assistants – Erbay Binboğa, Erna Audrey Mangaleu Toukam, Ekin Türkü Gür, Şule Akkuyu and Uğur Atar were deeply appreciated.

Delivering the opening speech of the ceremony, Head of EMU Department of Interior Architecture Assoc. Prof. Dr. Çeliker Coşkun emphasized the significance of not only students' academic performance but also their personal growth. Assoc. Prof. Dr. Çeliker Coşkun underlined the value of the department's initiatives carried out in line with its vision and mission. Following her remarks, Prof. Dr. Asu Tozan, Vice Dean of the EMU Faculty of Architecture, highlighted the university's rich academic and cultural background and underscored the role of unity and shared success.

Head of EMU Department of Architecture, Prof. Dr. Rafooneh Mokhtarshahi expressed her pleasure to be participating in the event and stated that they will continue to support the students of the department.

As part of the program, EMU Music Teaching Department students Güray Gürbüz and Mehmet Reşat Ekti delivered a musical performance, entertaining the participants. The ceremony ended with a group photoshoot.



### A VIBRANT AND MEANINGFUL CEREMONY FROM EMU NEW MEDIA AND COMMUNICATION DEPARTMENT: "ŞAPKANI AL GEL"

Eastern Mediterranean University (EMU) Faculty of Communication, Department of New Media and Communication celebrated its students who qualified for Honour and High Honour certificates with a ceremony in the faculty garden. Under the theme "Şapkanı Al Gel / Bring Your Hat," the event featured a variety of creative hats, fostering a warm and engaging environment. The ceremony ended with a tree-planting activity aimed at promoting environmental consciousness.

The ceremony commenced with an opening speech by Research Assistant Ece Akça, who stressed the hard work and efforts of the students. Akça also underscored that these achievements are results of a collective effort rather than an individual one.

After the opening remarks, by faculty members Dr. Nil Yüce, Assist. Prof. Dr. Barçın Boğaç, and the Dean of the Faculty of Communication, Prof. Dr. Metin Ersoy addressed the students. Dr. Nil Yüce emphasized that in addition to academic success, students' creative contributions in the field of communication are equally valuable. Assist. Prof. Dr. Barçın Boğaç pointed out that university life is not limited to coursework, but also involves critical thinking, collaboration, and shared growth.







#### "We Instil Environmental Consciousness in Our Students"

Prof. Dr. Metin Ersoy, Dean of the Faculty of Communication, reflected on the department's core values, expressing how rewarding it is to see students graduate embodying those ideals. Prof. Dr. Ersoy stressed that education is not limited to the classroom and that New Media and Communication students are being equipped with skills relevant to all areas of life, all while embracing an eco-conscious perspective. Highlighting the symbolic importance of the event, he stated, "By planting saplings in our faculty garden, we're both enriching our environment and instilling a sense of environmental responsibility in our students." Prof. Dr. Ersoy also extended his gratitude to those involved in organizing the event and congratulated the students for their success.

Following the speeches, an acoustic music performance was delivered by students. Then, the ceremony continued with the Honour and High Honour certificates being presented to the students by academic staff members. The ceremony concluded with a tree planting session by both students and academic personnel.

#### "Bring Your Hat"

This event aimed to symbolically promote environmental awareness. The tree planting offered a thoughtful conclusion to the ceremony, reminding students of the importance of embracing social responsibility in addition to their academic accomplishments. The theme "Bring Your Hap" encouraged participants to express themselves through their choice of hats, adding a fun and inclusive element to the occasion.





### Past 4 Jeck in EMU

# EMU FACULTY OF TOURISM PAYS A MEANINGFUL VISIT TO 'ANITKABİR'





Within the scope of the 26th Tourism Days, organized annually by the Eastern Mediterranean University (EMU), Faculty of Tourism, a field and culture trip to Ankara-Bolu was organized. As part of the event program, faculty delegation visiting Ankara also paid a meaningful visit to 'Anitkabir', the final resting place of Gazi Mustafa Kemal Atatürk, the founder of the Republic of Türkiye.

Organized with the support of Retired Colonel Deniz Celik, the delegation was also welcomed by the Anitkabir Command during their visit. The visiting delegation consisted of EMU Acting Dean of Tourism Faculty Assist. Prof. Dr. Ilkay Yorganci, Chair of EMU Community Involvement Center Assist. Prof. Dr. Nazenin Ruso Kandemir, Senior Instructor Mine Adalter, Specialist Ali Riza Doğan, Senior Instructors Kurtuluş Özbaşar and Turan Değirmencioğlu, Faculty Administrative Officer Kaan Özkorkut, and students Müjgan Ergüzer and Mahroo Mohamad Sadeghi Ghavim. On behalf of EMU, the group laid a wreath at Gazi Mustafa



Kemal Atatürk's mausoleum and observed a moment of silence. They also visited the Atatürk and War of Independence Museum, where they learned about historical documents and artefacts that shed light on the history of the Republic.

Following their visit, Acting Dean of the EMU Faculty of Tourism Assist. Prof. Dr. İlkay Yorgancı signed the Anıtkabir Special Registry, stating her feelings:

#### "Honourable Atatürk,

As the Department of Gastronomy and Culinary Arts at Eastern Mediterranean University's Faculty of Tourism, we are deeply honoured and proud to stand in your spiritual presence today.

Raised as young individuals committed to the enlightened path of the Republic you established guided by science, culture, and universal principles—we fully embrace the responsibility of carrying your legacy forward with determination and awareness.

Through the culinary arts, we are dedicated to preserving and transmitting our nation's rich cultural heritage to future generations, continuing steadfastly on the path of modern civilization you envisioned.

With endless gratitude and respect, we remember you and vow to follow your path."

The delegation from EMU Faculty of Tourism highlighted that their visit to Anıtkabir was a significant and heartfelt occasion, during which they reaffirmed their dedication to Republican values, deepened their collective historical consciousness, and shared a strong sense of responsibility in the presence of Atatürk's legacy.

# EMU FACULTY OF TOURISM JOURNEY FILLED WITH CULTURE, HISTORY AND FLAVOURS







Eastern Mediterranean University (EMU), Faculty of Tourism, Gastronomy and Culinary Arts Program, and Recreation Program students embarked on a fiveday educational and cultural tour of Ankara and its surrounding regions. The trip provided them with the chance to explore Türkiye's historical and cultural landmarks while also immersing themselves in the local culinary scene. The excursion brought together 40 students from diverse backgrounds, including the Turkish Republic of Northern Cyprus (TRNC), Türkiye, Iran, Africa, Malaysia, and Libya.

Coordinated by the Chairperson of Community Involvement Center Assist. Prof. Dr. Nazenin Ruso Kandemir, the tour was enriched with various visits organized by Bolu-based Chef Ali Rıza Doğan. Among the participants were Assist. Prof. Dr. İlkay Yorgancı, Dean of the Faculty of Tourism; instructors Mine Adalıer, Kurtuluş Özbaşar, and Turan Değirmencioğlu; as well as Faculty Administrative Officer Kaan Özkorkut.

A highlight of the trip was the visit to Mengen, a district in Bolu known as Türkiye's culinary capital. EMU students were warmly welcomed by the Mengen Municipality and got to explore the area's deep-rooted culinary traditions. While there, they viewed the world's largest chef statue, an iconic symbol of the gastronomy field. The students also visited the Seed Bank, where Berker Çiftçi shared detailed insights on sustainable farming, protecting local seed varieties, and the significance of biodiversity.

Students also paid a visit to the White Uniform facility, the company responsible for producing the MasterChef uniforms, where they gained an understanding of how the white aprons used in professional training are made, adding practical knowledge to their field. They also participated in a Bolu Cuisine Workshop led by Chef Merih Tatlı at Izzet Baysal University and had the chance to meet with the local Mayor, Vural Turan.

Over the course of the trip, students enjoyed nature by visiting beautiful locations such as Abant Lake, Gerede, and Esentepe. Strolling through the historic streets of Kızılcahamam, shedding light on the area's traditional architecture and cultural lifestyle.

Through tours of historic landmarks and museums, the students acquired in-depth knowledge about Anatolia's ancient civilizations. Visits to sites like Ankara Castle, the Museum of Anatolian Civilizations, and the Ethnography Museum enriched their cultural understanding, while a specialized tour at Ankara Palas offered hands-on experience with professional hospitality for tourism and gastronomy students. By exploring Ankara's diverse aspects, the students observed contemporary life on Tunalı Hilmi Street and explored the historical heritage found in Hamamönü and the Historic Ankara Houses.



### EMU ACCOUNTING AND TAXATION APPLICATIONS PROGRAM ORGANIZES AN EVENT TITLED"BIR FINCAN SOHBET"



Eastern Mediterranean University (EMU), School of Computing and Technology (SCT), Accounting and Taxation Application Program organized an event titled "Bir Fincan Sohbet / A Cup of Chat" with the aim of gathering student feedback on expectations and suggestions, while also strengthening their sense of belonging.

Within the scope of the event, students gathered together with the program coordinator Assist. Prof. Dr. Güzide Atai and academic staff members and enjoyed a lovely atmosphere with a cup of coffee or tea. During the event, students had the chance to state their expectations and wishes related to the program. In her evaluations during the meeting, Assist. Prof. Dr. Atai emphasized that the feedback gathered from students offers valuable guidance for both ongoing activities and future planning. Assist. Prof. Dr. Atai also noted that the two-year program has held FIBAA accreditation since 2014, while the three-year program has been accredited since 2019, and that both programs continue to operate in alignment with the European Qualifications Framework

Assist. Prof. Dr. Atai underlined that the FIBAA certification serves as affirmation that the quality of education provided in the programs has been approved by an independent external evaluation institution. She also emphasized that the Accounting and Taxation Applications Program at SCT maintains strict internal academic quality assurance procedures to uphold academic standards, noting that student feedback is especially crucial within this process.

Assist. Prof. Dr. Atai explained that to maintain internal academic quality assurance within the program, they make use of tools such as surveys, student meetings, and other interactive methods. She pointed out that feedback is gathered not only from students but also regularly from other stakeholders like employers and academic staff. Noting that the "Bir Fincan Sohbet" event was held as part of this ongoing feedback process, Assist. Prof. Dr. Atai also mentioned that, in addition to the end-of-semester universitywide student satisfaction surveys, they conduct "mid-semester surveys" after midterm exams to further reinforce the quality and reliability of the education offered. Furthermore, she added that the results of these surveys are used to make timely improvements in teaching practices and the learning environment within the same academic semester.

Stating that the students can use the anonymous suggestion boxes to share their complaints and concerns, Assist. Prof. Dr. underscored that these types of feedback and communication channels not only improve student satisfaction but also foster stronger connections between stakeholders and play a significant role in enhancing the overall quality of education.

### EMU COMMUNITY INVOLVEMENT CENTER ORGANIZED A TOUR TO KYRENIA AS PART OF THE 'MOVE FOR HEALTH DAY'



Eastern Mediterranean University (EMU), Community Involvement Center, Faculty of Tourism and Tourism Club coorganized a tour to Kyrenia within the scope of the 'Move for Health Day'. The event took place with participation of students from different departments.

The event was designed to introduce students to Cyprus's cultural heritage, encourage healthy lifestyle habits through physical activities, and develop their social skills through team games.

The program featured EMU students from 12 different countries who took part in exercise-focused activities like walking and ball games, as well as tours of museums and historical sites. Notable highlights of the trip included visits to the Tomb of Hz. Ömer, Bellapais Monastery, Kyrenia Castle, Kyrenia Marina, Kyrenia Market, and a dining experience at Latomia 1933, known for its traditional Cypriot dishes.

Chairperson of EMU Community Involvement Center Assist. Prof. Dr. Nazenin Ruso Kandemir made remarks on the topic, saying; "On Move for Health Day, we strolled alongside our international students through Kyrenia's historic streets, visited museums to learn new things, and had fun playing ball games outside, keeping both our bodies and minds active".

# EMU CUP OF NATIONS 2025 TOURNAMENT COMPLETED

Organized and hosted by the Eastern Mediterranean University (EMU), EMU Cup of Nations 2025 Futsal Tournament ended with the final matches held at the Lala Mustafa Paşa Sports Complex. Nigeria team completed the tournament as champions of the Women's category. On the other hand, team of the Turkish Republic of Northern Cyprus became the champions of the Men's category.

In the women's category of the tournament, which included teams from Azerbaijan, Nigeria, Kazakhstan, and Jordan, Kazakhstan advanced to the final by default after Azerbaijan forfeited their semi-final match. Nigeria secured their place in the final with a 3-0 win over Jordan. In the final match, Nigeria dominated Kazakhstan with a clear 4-0 victory to become the champions. Meanwhile, Jordan claimed third place by defeating Azerbaijan 3-0.

In the Men's category, which featured 13 teams in total, the TRNC earned a spot in the final by defeating Kenya 2-0, while Sudan advanced with a narrow 1-0 win over Yemen. In the highly anticipated final, the Turkish Republic of Northern Cyprus showcased a dominant performance, beating Sudan 3-0 to claim the EMU Cup of Nations 2025 men's title. Meanwhile, Kenya secured third place by overcoming Yemen 2-0.

#### Special Awards Presented

Special awards were presented in various categories during an awards ceremony held after the tournament. The "Most Sportsmanlike Team" award went to Tajikistan, while the "Best Team Spirit" award was given to Sudan. Ibrahim Arcanlı received the "Best Goalkeeper" award, and Mert Güçlücan was named the "Most Valuable Player (MVP)" of the tournament. The awards were presented by EMU Vice Rector for Student Affairs Prof. Dr. Sonuç Zorlu, EMU Sports Affairs Coordinator Aydın Kayol, Sports Affairs Unit Supervisors Osman Konnolu and Mehmet Topcu, along with Sports Affairs staff Hasan Maydon, Enver Tatlıcıoğlu, Cüneyt Doğan, Talat Şentürk, and EMU Sports Affairs academic staff member Beha Evren Karabulutoğlu.

This international-level event organized by EMU once again highlighted the university's multicultural environment and its active involvement in sports. With all teams competing in a spirit of fair play, the tournament served as a powerful example of sport's unifying force.







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