

“ART OF PERFECTING THE FLAWS” PROJECT CARRIED OUT WITH THE PARTICIPATION OF BİRGÜL FEYZİOĞLU



Lawyer and Mediator Birgül Feyzioğlu, the ambassador of the Republic of Turkey Nicosia Embassy and museum educator, attended the “Art of Perfecting the Flaws” project organized by the Eastern Mediterranean University (EMU), Eastern Mediterranean Cultural Heritage Research Center (DAKMAR) and hosted by the Movable Cultural Heritage Conservation and Restoration Laboratory. The project

study was carried out on Tuesday, 19 March 2024 between 02:00 p.m. and 03:30 p.m. The project aimed creating awareness on restoration of historical artworks by focusing on the traditional Japanese philosophy of Kintsugi which is an approached used for repairing and restoring.

Ten EMU students attended the event where they mended broken ceramics by sticking the pieces together and, if preferred, painting the repaired ceramic. In the event, Conservators Elif Doğru and Kemal Keledi from DAKMAR accompanied Lawyer and Mediator Feyzioğlu.

The Chair of DAKMAR Assoc. Prof. Dr. Bülent Kızılduman made a statement on the topic, thanking Feyzioğlu for her participation and contributions. Assoc. Prof. Dr. Kızılduman emphasized that the project helped the students to raise awareness on the preservation and restoration processes of historical artworks and to develop a point of view on improving flaws in

light of the Kintsugi philosophy. At the end of the project, participants noted that preservation and restoration process of historical artworks are more demanding that it appears, and that they realized that restoration is not only a physical work but also has a philosophic aspect to it.

EMU Rector Prof. Dr. Hasan Kılıç and EMU Vice Rector for Academic Affairs Prof. Dr. Osman M. Karatepe also attended the event. At the end of the project study, Prof. Dr. Hasan Kılıç presented a plate to Feyzioğlu for her contributions and support.



EDUCATIONAL EVENTS FOR THE COGNITIVE SCREENING PROJECT TO BE CARRIED OUT COUNTRYWIDE WITH THE COLLABORATIONS OF DR. FAZIL KÜÇÜK MEDICINE FACULTY AND TRNC MINISTRY OF HEALTH COMPLETED



Within the scope of the collaboration protocol signed between the Eastern Mediterranean University (EMU) and the Turkish Republic of Northern Cyprus (TRNC) Ministry of Health, a cognitive screening project will be carried out around the country. The project consists of annual cognitive screenings to be applied to people over 65 years old. The educational events of the project have been completed. The first training program for the primary care physicians and nurses, who are chosen to execute the screening project as a result of the studies conducted by the Primary Health Services Department and EMU Dr. Fazıl Küçük Medicine Faculty, was delivered at EMU Dr. Fazıl Küçük Medicine Faculty for the Famagusta and Iskele district healthcare professionals. Another training program was recently delivered in Nicosia for the physicians and nurses from Nicosia, Kyrenia and Güzeyurt districts.

The opening ceremony of the training program was attended by TRNC Minister of Health Dr. Hakan Dinçyürek, Undersecretary of the TRNC Ministry of Health Assoc. Prof. Dr. Düriye Deren Oyar, Director of the Primary Health Services Department Vesile Erdoğan, EMU Vice Rector for Promotion and Institutional Communication Prof. Dr. Ali Öztüren and Dr. Fazıl Küçük Medicine Faculty Acting Dean Assist. Prof. Dr. Nimet İlke Akçay.

Delivering a speech at the opening ceremony, Prof. Dr. Öztüren expressed gratitude to everyone who supported the realization of this valuable project concerning public health in our country under the collaboration protocol between the TRNC Ministry of and Eastern Mediterranean University. Prof. Dr. Öztüren stated that EMU considers the aforementioned project as a community service initiative and emphasized the

university's readiness to provide any necessary support for sharing the data with the public. Dr. Dinçyürek also addressed the audience during the ceremony saying, "Our main goal is to create a health system which would prominence the patients and patient satisfaction. We are currently involved in a project aimed at providing healthcare services on-site, particularly in peripheral health centers, villages, and ideally, at the homes of some elderly patients, to alleviate the burden on central hospitals. We are actively working to reach every point in the geography from Dipkarpaz to Yeşilirmak, improving the number of physicians, nurses, technological



devices, and working conditions to ensure better healthcare services for patients".

Noting that the responsibilities of the Primary Health Services Department includes early diagnosis, preventive medicine and the detection of existing diseases before they start or at an early stage, Dr. Dinçyürek highlighted that providing much more efficient healthcare services to the patient is their priority. In this sense, Dr. Dinçyürek underlined the vital role of the collaboration between EMU Medicine Faculty and Ministry of Health. Stating that EMU is a source of pride for our country, Dr. Dinçyürek

added that EMU is the only university established by law and that it is utmost important for EMU's mission and vision in the country. Dr. Dinçyürek expressed that their desire for a collaboration with EMU initiated by the aforementioned project, which they believe can be taken much further in essence. Emphasizing that the data obtained from this study will determine the path to be followed in the future, Dr. Dinçyürek conveyed gratitude to everyone who contributed to the project, highlighting that it will serve as a role model for other collaborative projects in the future. The project coordinators will be the Chief Physician of Primary Health Services Department Dr. Naciye

Nami and Dr. Fazıl Küçük Medicine Faculty academic staff member Assoc. Prof. Dr. Amber Eker Bakkaloğlu. The study, supported by the Ministry of Health's Statistics Branch Manager Özgür Aldemir, will facilitate the implementation of cognitive screenings recommended as one of the routine screenings for individuals aged 65 and over, which are conducted in many countries, in our country as well. Individuals identified as at risk during screenings will be directed to relevant departments for further evaluation. These screenings, which will pave

the way for early diagnosis of dementia, will also provide information about the situation in our country. At the end of the event, the physicians, nurses and specialists who attended the training program were presented with certificates. The training sessions were delivered by EMU Dr. Fazıl Küçük Medicine Faculty academic staff member, Chair of the Clinical Practice and Research Center and neurology specialist Assoc. Prof. Dr. Amber Eker Bakkaloğlu, Dr. Fazıl Küçük Medicine Faculty academic staff member and Clinical Psychologist Hazal Dinçyürek and Ministry of Health, Information Technologies Specialist Sümer Gürbüz.

FIRST MEETING OF THE EMU-CWS NEW ADMINISTRATIVE BOARD HELD

Since its establishment in 1998, the Eastern Mediterranean University (EMU), Center for Women Studies (CWS) has been carrying out work on creating sensitivity towards gender equality and women issues as well as raising awareness amongst the society on the matter. Operating under EMU Vice Rector's Office for Academic Affairs, the new administrative board of EMU-CWS which will be serving for a duration of three (3) years consists of; Prof. Dr. Şenel Hüsnu Raman, Assoc. Prof. Dr. Süheyla Erbilin, Assist. Prof. Dr. Bezar Eylem Ekinci, Assist. Prof. Dr. Handan Sezgin and Assist. Prof. Dr. İlkey Yorgancı. Assoc. Prof. Dr. Süheyla Erbilin was also appointed as the Chairperson of the Center.

EMU-CWS Chairperson and new administrative board members held their first meeting at EMU Vice Rector's Office for Academic Affairs with the accompaniment of



Prof. Dr. Osman M. Karatepe and Academic Coordinator responsible for Research Centers Assoc. Prof. Dr. Bülent Kızılduman.

Delivering a speech during the meeting, EMU Vice Rector for Academic Affairs Prof. Dr. Osman M. Karatepe said; "The activities carried out by EMU-CWS, so

far have enabled it to achieve its goals and objectives. I am confident that its future activities will continue to create awareness and sensitivity in society towards gender equality and women's issues, and/or increase this awareness". Prof. Dr. Karatepe wished new EMU-CWS Chairperson and members success during their service period.

GENETICS CLUB STUDENTS AND ACADEMIC PERSONNEL MEMBERS ATTEND 'AEDES INVASIVE MOSQUITOES' TRAINING

Eastern Mediterranean University (EMU), Faculty of Dentistry's Vice Dean and Genetics Club advisory instructor Prof. Dr. Şükrü Tüzmen, EMU Faculty of Dentistry academic staff member Havva Kılıgöz Eyüpoğlu and Genetics Club member students attended the 'Aedes Invasive Mosquitoes' training organized by Health Technical Sub-Board within the scope of the European Union supported United Nations Development Programme (UNDP).

The training session was held at Ledra Palace Hotel located at the buffer zone, where information was provided on the invasive mosquitoes in our country. The training provided detailed information about the Africa-origin *Ae. Aegypti* and South Asia-origin *Ae. Albopictus* species found on our island. Additionally, important topics such as diseases that can be transmitted by mosquitoes, prevention methods, and how they can be controlled were discussed. At the end of the training, a workshop was organized for participants, where the identification of various species was conducted through group work, and certificates were presented.

EMU Faculty of Dentistry academic staff members, Vice Dean of the faculty and genetics club advisor Prof. Dr. Şükrü Tüzmen and senior instructor Havva Kılıgöz Eyüpoğlu attending the event, shared their experience and emphasized



the importance of molecular-level identification and profiling of invasive mosquitoes found on our island, particularly in preventing potential endemics. The academic staff members also stated that collaborative community projects like these hold great significance for our island.

Prof. Dr. Şükrü Tüzmen, a Molecular Biology and Genetics expert who contributes to UNDP-supported projects related to mosquitoes, emphasized the importance of dealing with the presence of invasive mosquitoes to protect

public health, preserve ecosystems, and mitigate the economic and social impacts of mosquito-borne diseases. Prof. Dr. Tüzmen stressed the significance of reaching out to all segments of society to provide information and raise awareness.

Controlling invasive mosquitoes requires resources and coordination among various stakeholders, including public health agencies and government bodies. In this context, understanding the biology and ecology of invasive mosquitoes is crucial for developing effective control strategies.

“PALESTINE IN THE SHADOW OF GEOPOLITICS: STRUCTURES AND TRANSFORMATIONS IN THE MIDDLE EAST” PANEL HELD AT EMU



A panel titled “Palestine in the Shadows of Geopolitics: Structures and Transformations in the Middle East” was held on Wednesday, 20 March 2024 within the collaborations of Eastern Mediterranean University (EMU) Business and Economics Faculty and Cyprus Policy Center (CPC). The event took place at 02:30 p.m. at Mustafa Afşin Ersoy Hall. EMU Political Science and International Relations Department academic staff member Assoc. Prof. Dr. Umut Bozkurt delivered the opening speech and moderated the event. The panelists consisted of Assoc.



Prof. Dr. M. Moncef Khaddar, Prof. Dr. Nur Köprülü, Prof. Dr. Nicos Trimikliniotis and Assoc. Prof. Dr. Berna Numan. The panel began with a speech by Prof. Dr. Mustafa Besim, the Dean of the Faculty of Business and Economics. Following that, the first panelist, Assoc. Prof. Dr. M. Moncef Khaddar, spoke about global and regional orders in the MENA region and Arab-Israeli relations. Assoc. Prof. Dr. Khaddar shared his critical thoughts on ‘continuity’ and ‘change’ from the post-Cold War period to the present. The second panelist, Prof. Dr.

Nur Köprülü, addressed current issues in regional politics in the Middle East. Prof. Dr. Nicos Trimikliniotis discussed the political implications of South Africa’s case against Israel in the International Court of Justice. The final panelist, Assoc. Prof. Dr. Berna Numan, informed the audience about the European Union’s foreign policy in the era of differentiated integration. At the end of the seminar, in response to questions raised, Assoc. Prof. Dr. Umut Bozkurt moderated a discussion among panelists on what could be done to resolve the conflict in Gaza.

“A PERSPECTIVE ON THE SWISS MANAGEMENT MODEL” SEMINAR HELD IN EMU



Eastern Mediterranean University (EMU) Cyprus Policy Center (CPC) and Faculty of Business and Economics, Political Science and International Relations Department organized a seminar titled “A Perspective on the Swiss Management Model”. The opening speech of the seminar was delivered by EMU Political Science and International Relations Department doctoral student and CPC research assistant Hatice Savoğlu, on the other hand, Deputy

Head of Mission in the Embassy of Switzerland in South Cyprus, Candice Lechot attended the event as a guest speaker.

Candice Lechot commenced her speech by explaining the Swiss management model. Lechot, who stated that the fundamental pillars of Swiss governance are federalism, direct democracy, and multi-party government, explained that in Swiss federalism, decisions are made separately at the federal, cantonal, and local government levels. Lechot described direct democracy as a type of governance where citizens directly decide on policy matters without the intervention of elected representatives, underlining that in Switzerland, there’s widespread voting on nearly every issue. She stressed that this direct voting culture in Switzerland reduces the likelihood of internal conflicts. Regarding the multi-party system, Lechot noted that it comprises 2 members each from the Liberals, Social Democrats, and the Swiss People’s Party, alongside 1 member from the Center Party. Lechot emphasized that the roles of these members in government are largely symbolic due to the presence of the direct democracy model. Lechot concluded her presentation by asserting that

the Swiss governance model is primarily about equitable power distribution aimed at fostering consensus. Moderated by CPC research assistant Hatice Savoğlu, and in response to the questions raised during the highly participated and interacted seminar, Candice Lechot pointed out that due to the unique characteristics of each country, implementing the Swiss model in Cyprus could be challenging.



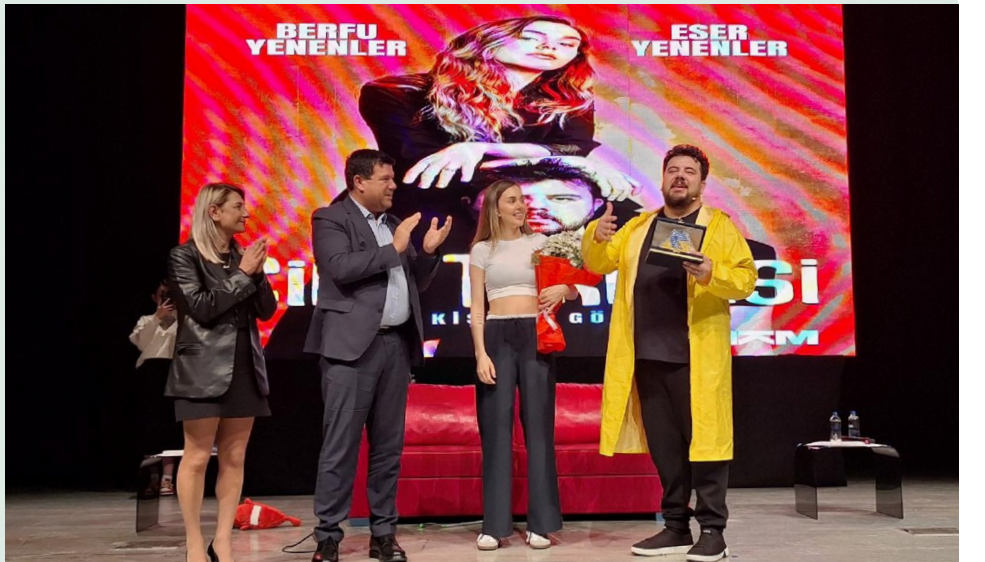
“COUPLE’S THERAPY” PERFORMED AT EMU BY BERFU – ESER YENENLER



Organized by the Activities Unit operating under the Eastern Mediterranean University (EMU) Social and Cultural Activities Directorate, the “Couple’s Therapy” show performed by the famous couple from Turkey, Berfu – Eser Yenenler, took place on 20 – 21 March 2024 at 08.00 p.m. at Rauf Raif Denктаş Culture and Congress Center. The show held on Wednesday, 20 March 2024, opened its doors to EMU personnel and members of the society. On the other hand, the second show held on Thursday, 21 March 2024 entertained the EMU students, attracting great attention from the guests on both days.

Commencing with the story of the first time they meet each other, Berfu – Eser Yenenler’s performance brought humor to the stage during the ‘Couple’s Therapy’, portraying problems in male-female relationships in a light-hearted manner, providing enjoyable moments for the audience attending the show.

At the end of the second show on Thursday, 21 March 2024, EMU Rector Prof. Dr. Hasan Kılıç and Vice Rector for Student Affairs Prof. Dr. Sonuç Zorlu presented the famous couple EMU plaques and flowers.



WORKSHOPS ORGANIZED FOR TRNC HIGH SCHOOL STUDENTS COMPLETED



Eastern Mediterranean University (EMU) organized "Workshops" for the Turkish Republic of Northern Cyprus (TRNC) high school final year students between 11 and 19 March, 2024. Nearly 3,000 high school final year students across the country attended the Workshops where they were divided into different groups according to their future profession choices and got the chance to participate in the workshops with academicians and experts in the relevant faculties. The workshops held in 89 different topics were attended by students from Kurtuluş High School, Cengiz Topel Industrial Vocational High School, Lapta Yavuzlar High School, Lefke Gazi High School, Anafartalar High School, Kyrenia Tourism Vocational High School, Dr. Fazıl Küçük Industrial and Vocational High School, Famagusta Vocational High School, Famagusta High School of Commerce, Polatpaşa High School, Famagusta Turkish Maarif College, Namık Kemal High School, Eastern Mediterranean Doğa College, Bekirpaşa High School, Güzelyurt Turkish Maarif College, Iskele High School of Commerce, Iskele Evkaf Turkish Maarif College, Erenköy High School, Karpaz Vocational High School, Değirmenlik High School, Hala Sultan Theology College, Esin Leman High School, Nicosia Turkish High School, TED College, Anatolian Fine Arts High School, 20 Temmuz Science High School, Atatürk Vocational High School, Bülent Ecevit Anatolian High School, Haydarpaşa High School of Commerce, Levent College, Osman Örek Vocational High School, Sedat Simavi Industrial Vocational High School and 19 Mayıs Turkish Maarif College. The workshops aimed to reveal the existing abilities of the final year high school students, contributing their developments.



WORKSHOPS ORGANIZED FOR TRNC HIGH SCHOOL STUDENTS COMPLETED

What did the Students say?

Selahattin Efe KORKMAZ

I study at Erenköy High School. I am planning to choose the Nursing Department at the Health Sciences Faculty. I attended the 'Workshop' to obtain more information. EMU is among the list of universities that I consider for my undergraduate study.



Sevgi BALABAN

Currently I am studying at TED College. I would like to continue my study in the Faculty of Medicine. With the information I received during the 'Workshop', I will decide whether to choose EMU or not. The best thing I like is that EMU has a joint medicine program with the Marmara University. Thus, I am thinking to choose EMU.



Meryem Nur ÇAKMAK

I study at Hala Sultan Theology College. I loved the Department of Pharmacy. It was fun and interesting. I had great time during the 'Workshops'. We carried out applied mini-projects during the workshops, providing great information regarding the Faculty. I would like to choose EMU for my studies.



İbrahim KAYA

I am a student at Haydarpaşa High School of Commerce. I am thinking to study at the Department of Business. I believe that EMU is one of the best universities in the TRNC. For this reason, I would like to choose EMU to continue my studies.



Nursel HAZAR

I come from Değirmenlik High School. I would like to get training in the field of Dentistry. The 'Workshop' provided various information about the Department of Dentistry. I am considering to study at EMU.



Ceylin DENİZ

Currently, I am studying at Bülent Ecevit Anatolian High School. I want to study Law and 'workshops' reinforced my desire to study at EMU.



Nezire SARUHAN

I am studying at Güzelyurt Turkish Maarif College. I am considering to choose Psychology for my future studies. I will be applying to EMU.



Evrem BÜRÜNCÜK

I am a student at Nicosia Anatolian Fine Arts High School. I would like to continue my studies here at EMU in the field of music. I believe, with the 'workshop', my opinion will be strengthened.



Ali ÇAVUŞ

I come from Sedat Simavi Industrial Vocational High School. I would like to study Artificial Intelligence Engineering. I had some views about EMU prior to the 'workshop', but now, after the 'workshops', I received much more detailed information.



IRANIAN STUDENTS CELEBRATE NOWRUZ IN EMU



Celebrated annually within the cooperation between Eastern Mediterranean University (EMU) and the Iranian Students Science and Culture Association, one of the most important festivals of Iran, Nowruz, was celebrated this year as well. Being celebrated on 21st March each year, Nowruz is regarded as the day of rebirth and arrival of the spring. The event, sponsored by Kargar Investment Ltd., took place on Saturday, 23 March 2024 at 06:00 p.m. at

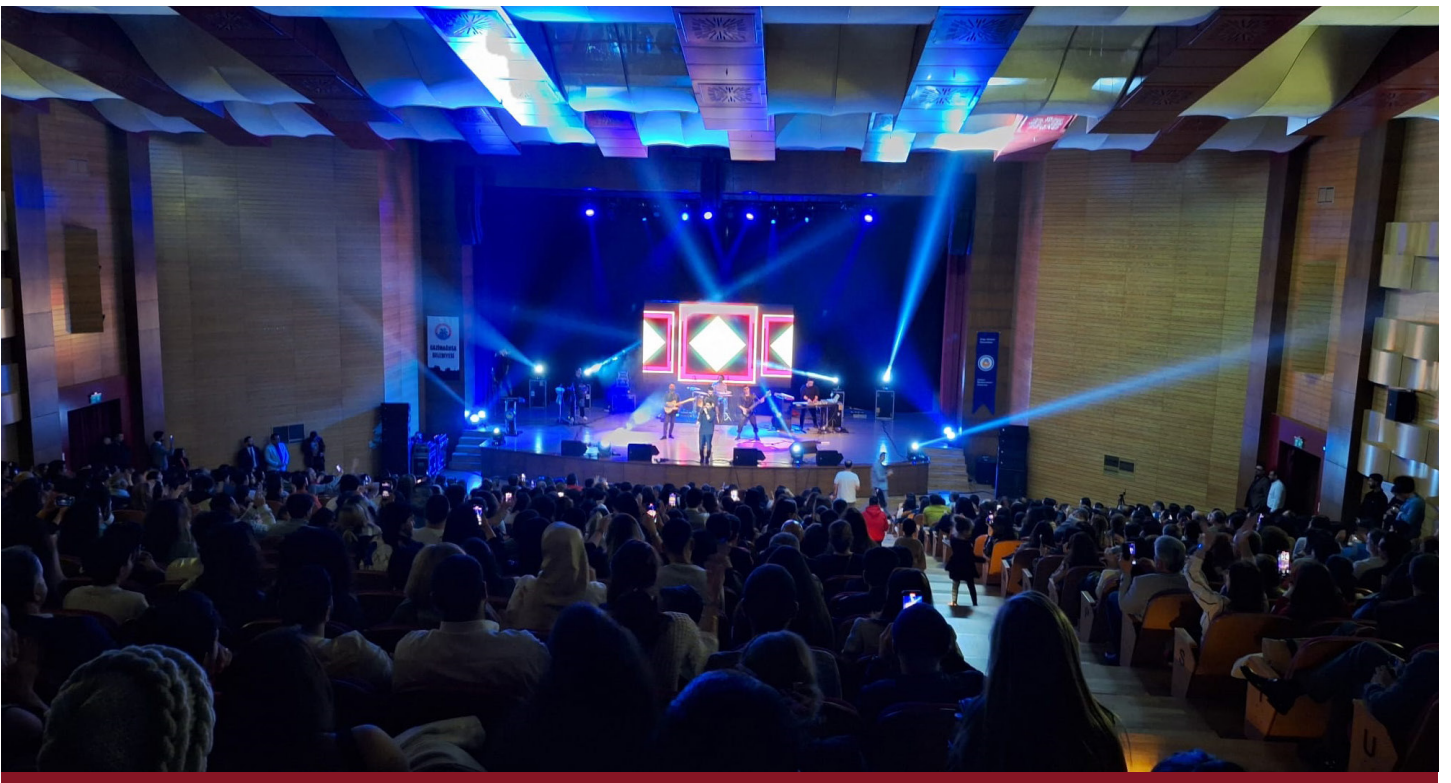
Rauf Raif Denktaş Culture and Congress Center. Students and families from different districts of the Turkish Republic of Northern Cyprus (TRNC) who celebrate the Nowruz, attended the event. EMU Rector Prof. Dr. Hasan Kılıç and Vice Rectors Prof. Dr. Ali Öztüren and Prof. Dr. Salih Katircioğlu also attended the event.

Delivering a speech during the opening ceremony, Director of the Iranian Students

Science and Culture Association in Cyprus Nima Mostafazadeh welcomed everyone attending the event and wished them happiness on the occasion of Nowruz. EMU Rector Prof. Dr. Kılıç also addressed the participants, emphasizing that the holiday of Nowruz, which has been passed down from generations has been a special occasion that brings people together. Noting that EMU is an international university, Prof. Dr. Kılıç stated that EMU's student profile has students from all over the world. Wishing that Nowruz would bring happiness and health to all, Prof. Dr. Kılıç wished for a bright and hopeful new year. Following his speech, Prof. Dr. Kılıç presented appreciation plaques to Iranian Students Science and Culture Association Director Nima Mostafazadeh and Kargar Investment Ltd. Founding Chairman Hamed Kargar.

Famous Iranian Artist Hamid Hiraad Performed

Within the scope of the Nowruz celebrations, Hamid Hiraad, one of the famous artists from Iran, took the stage during the event. People attending the event had great time with the songs performed by Hiraad.



NOWRUZ EVENT HELD AT EMU

Eastern Mediterranean University (EMU) Azerbaijan, India, Kyrgyzstan, Kazakhstan, Afghanistan, Turkmenistan and Tajikistan Student Societies operating under EMU International Student Activity and Student Unions Unit organized a Nowruz event on Friday, 22 March 2024 at 08:00 p.m. at EMU Activity Center. EMU Student Council also attended the event.

Considered as one of the oldest holidays and meaning "A New Day", Nowruz symbolizes rebirth and affirmation of life in harmony with nature.

Delivering a speech at the beginning of the event, EMU Vice Rector for Promotion and Institutional Communication Prof. Dr. Ali Öztüren provided information about Nowruz. Prof. Dr. Öztüren wished that Nowruz would bring happiness to the world.

Students Attended the Event with Traditional Outfits

EMU Folkdance Society took the stage for a dance performance during the night attended by many. While the students attended the event with their traditional outfits, they also presented the special dishes of their countries to the taste of the participants. Traditional theater, music and dance performances were performed by the student unions. The participants of the event celebrated the arrival of spring with various activities.



DOWN SYNDROME DAY EVENT HELD AT EMU



Eastern Mediterranean University (EMU), Social and Cultural Activities Directorate, Student Clubs Unit hosted Ötüken Special Education School on the occasion of 21 March – World Down Syndrome Awareness Day. EMU Fenerbahçe Fan Club, Theatre Society, Idea and Debate Club, Psychology Students Club, Psychologic Counselling and Guidance Club, Children's Rights Club and Folkdance Society contributed to the event within the leadership of the Special Education Club. The event took place on Thursday, 21 March 2024 between 10:00 a.m. and 12:00 a.m. at EMU Atatürk Square.



EMU students gathered together wearing colorful socks and carried out various activities such as face painting, banner painting, games and dances for the guests from Ötüken Special Education School. EMU Folkdance Society performed Zeybek and Roman dances, attracting great interest from the audience. The students of Ötüken Special Education School had joyful time during the event.

EMU PAEDIATRIC REHABILITATION UNIT RELEASES A STATEMENT ON DOWN SYNDROME

Eastern Mediterranean University (EMU), Health Sciences Faculty, Physiotherapy and Rehabilitation Department, Paediatric Rehabilitation Unit released a statement on the occasion of 21 March – World Down Syndrome Day. Unit Supervisor Prof. Dr. Emine Handan Tüzün released a statement on behalf of the Paediatric Rehabilitation Unit. The said statement reads as follows:

“Down syndrome is a genetic difference caused by the presence of an extra chromosome in the 21st pair of the 23 pairs of chromosomes. Individuals without Down syndrome have 46 chromosomes. However, individuals with Down syndrome have a total of 47 chromosomes because there are three copies of the 21st chromosome. Down syndrome is not hereditary and does not cause death. Although the exact causes are not yet known, advanced maternal age, a history of Down syndrome in previous children, and the presence of chromosomal abnormalities in one of the parents increase the likelihood of Down syndrome. The effects of medications, vitamin deficiencies, hormonal or viral factors, and smoking are not conclusive. Down syndrome occurs in approximately 1 in 700 to 1 in 1000 newborns worldwide.

What are the signs and symptoms often observed in individuals with Down syndrome?

Various functional and structural differences and/or disorders are observed in people with Down syndrome. These individuals typically have characteristic facial features such as a single palmar crease, a large gap between the first and second toes, small hands and feet, small mouth and nasal cavities, a flat nasal bridge, and slanted eyes.

Functional limitations also encompass muscle weakness due to decreased muscle tone, hypermobility in the joints, laxity in connective tissue, issues with balance, mild to moderate obesity, and intellectual disability.

Certain medical issues such as heart problems, hearing and vision impairments, thyroid disorders, respiratory issues, and gastrointestinal diseases are also common in people with Down syndrome. However, it is important to note that

some individuals with Down syndrome do not experience any of these mentioned medical problems.

What's the role of Physiotherapy and Rehabilitation?

The needs of children with Down syndrome do not differ from the needs of other children. They want to get to know everyone/everything around, play, learn and laugh. They need the support of healthcare professionals such as special education teachers, physiotherapists, and occupational therapists to help them achieve greater success in these tasks. Even though the implementation of special education in people with Down syndrome has been present during the years, the physiotherapy and rehabilitation have increasingly gained importance in recent years to enhance their quality of life. Additionally, it should be noted that the earlier the encounter between the individual and the physiotherapist, the greater the success. In this regard, physiotherapy and rehabilitation, incorporated into early intervention programs from infancy, significantly contribute to the involvement of individuals with Down syndrome in various aspects of life. Physiotherapists play crucial roles in five key areas for individuals with Down syndrome: expediting gross motor development, enhancing fine motor skills, mitigating balance and coordination issues, boosting respiratory capacity, and bolstering cognitive functions. Therefore, a comprehensive assessment is conducted initially to identify existing problems, discussions are held regarding the expectations of both the individual and their family, and based on these discussions, the content of the physiotherapy and rehabilitation program is planned and implemented.

Since its establishment, Eastern Mediterranean University, Health Sciences Faculty, Department of Physiotherapy and Rehabilitation, Paediatric Rehabilitation Unit has been continuing its work with various healthcare professionals in collaboration with the teachers and Directorate of Famagusta Special Education and Rehabilitation Center, for the sake of accelerating the community involvement process of children with Down syndrome. We are proud to see the increasing fruits of our efforts in this regard. In 2011, the United



Nations designated March 21st (21/03) as World Down Syndrome Day due to the presence of three copies of the 21st chromosome in individuals with Down syndrome. World Down Syndrome Day provides an opportunity to raise awareness about individuals with Down syndrome and their needs, while also highlighting how valuable they are to us. Chromosomes resemble socks in their appearance, and each chromosome makes us unique individuals. In this context, as we embrace our differences and rejoice our diversity without hesitation, it is crucial on this day of recognizing and valuing our individuality that we showcase our colors by wearing socks of various hues. Increasing awareness about individuals with Down syndrome enables us to provide more assistance for their engagement in life. As their involvement grows, so does their overall well-being. The primary objective concerning individuals with Down syndrome is their inclusion within society. This year's awareness focus revolves around “Down Syndrome and Employment”. Therefore, it is vital for the entire society to undertake significant responsibilities aimed at increasing the employability rates of individuals with Down syndrome as they transition from childhood to adulthood. We believe that with the valuable contribution they bring to our world, they will excel in many fields of work. When supported by the family and the entire community, we believe that we can integrate them into society successfully.”



HEALTH SCIENCES FACULTY'S STATEMENT ON "ELDERLY WEEK"



"EAT SUFFICIENTLY AND BALANCED, BE ACTIVE, FEED YOUR SOUL, LIVE A HEALTHY LIFE"

Eastern Mediterranean University (EMU) Health Sciences Faculty Vice Dean Assist. Prof. Dr. Asiye Yeter Başaran released a statement on the occasion of 18 – 24 March, Elderly Week. The statement reads as follows:

World Health Organization defines individuals as elders if they are '65 and

over'. The elder population in our country and worldwide is gradually increasing. Each year, the week between the dates of 18 – 24 March is observed as the "18 – 24 March Elders Week" with the intention of raising awareness on topics related to elderliness and elderly health. In this regard, various events are organized on this specific week, across the country every year.

Importance of Nutrition in Senior Adulthood

The notion of "aging of a society" is amongst the primary topics of modern day. Providing suitable conditions for eating sufficiently and having a balanced diet is one of the building blocks in health aging of a society. Undernourishment and malnutrition forms a basis for obesity, sarcopenia, fragility and chronic diseases, causing discomfort in individuals' life to an extent where it shortens the lifespan of a person. Therefore, getting someone adopt the habit of eating sufficiently and having a balanced diet during the childhood stage of their lives, plays a crucial role in the senior adulthood period, enabling seniors to have a better physical and mental health as well as quality life.

In order to ensure adequate and balanced nutrition, it is important to consume at least three main meals daily while also considering food variety to maintain appropriate body weight. Adherence to a diet consisting of grains, legumes, and seasonal fruits and vegetables for sufficient fiber intake becomes even more crucial for elderly individuals. Moreover, given the prevalence of chronic diseases in the elderly, it is necessary to reduce intake of saturated fats, high-sodium foods, and salt,

while also limiting sugar and sugary foods. Additionally, emphasis should be placed on consuming low-fat sources of calcium such as milk, yogurt, and cheese. Just like in any age group, elderly individuals should also ensure sufficient water intake in their daily diet. Nutrition practices should be tailored to individual needs and planned by dietitians.

What can be done for a healthy and quality late adulthood period?

Promoting a healthy and high-quality aging process relies significantly on raising public awareness through nutrition education led by dietitians. To ensure the sustainability of these educational initiatives nationwide, they require backing from various channels such as written and visual media, local groups, and academic institutions. It's crucial that education isn't limited to the elderly alone but extends to encompass family members, home caregivers, and personnel in elder care facilities. Both local and national strategies and policies need to be devised to tackle this issue effectively. Furthermore, fostering collaboration between governmental and non-governmental bodies is essential to encourage social interaction among the elderly, thus contributing to successful aging. Additionally, it's important to highlight the experiences of elderly individuals who serve as examples of successful aging throughout this process.

In a nutshell, just as we desire a certain quality of life as we age, we should strive to provide similar opportunities and environments for our elderly by empathizing with their needs.



CIVIL ENGINEERING DEPARTMENT HONORS ITS SUCCESSFUL STUDENTS



Eastern Mediterranean University (EMU), Faculty of Engineering, Civil Engineering Department organized a High Honor and Honor Certificate Ceremony for its students who were successful in the 2023-2024 Academic Year Fall Semester.

The ceremony commenced with the opening speeches delivered by Department Chair Assoc. Prof. Dr. Eriş Uygur and Vice Chair Assoc. Prof. Dr. Tolga Çelik. At the ceremony, which took place in an inspiring atmosphere that motivates students, achievements obtained through diligently followed academic standards and dedication were celebrated together. Total of 16 students received High Honor certificates, on the other hand 8 students were presented with Honor certificates. Engineering Faculty Vice Dean Prof. Dr. Mustafa Ergil, Civil Engineering Department academic staff members and research assistants attended the event in which successful students were presented with certificates. Adding more, information about the 29th Civil Engineering Week, which consists of a series of social and technical events that are organized annually by EMU Civil Engineering Department, were shared with the participants. This year Civil Engineering Week will be held on 8-10 May, 2024.



ZEYTINLI-HELLIMLI BULLA MAKIŞ WORKSHOP HELD WITH CHEF TANYA KILITKAYALI



Within the scope of the collaborations of Eastern Mediterranean University (EMU), Faculty of Tourism, Gastronomy and Culinary Arts Department, EMU Community Involvement Center (CIC) and Bellapais Begonvil Inner Wheel Club (BBIWK), various special events have been organized on the occasion of the Elderly Week. In this regard, a 'Zeytinli-Hellimli Bulla' (Traditional Cypriot Bread with Olive and Halloumi) Making Workshop was organized with EMU Gastronomy and Culinary Arts Department academic staff member Chef Tanya Kilitkayalı.

Total of 45 people consisting members of Ötüken Village Women's Center, Ötüken Special Education Center teachers and students, EMU Education Faculty, Special Education Department trainee teachers, representatives of the Iskele Municipality and BBIWK members attended the event.

The custom design aprons prepared by BBIWK members were presented to the children and Chef Tanya Kilitkayalı before the bulla making session. Children had great time during the event. Tourism

Faculty Dean Assoc. Prof. Dr. Mine Haktanır and Vice Dean Assist. Prof. Dr. İlkyay Yorgancı also attended the workshop, showing support to Chef Tanya Kilitkayalı. Assoc. Prof. Dr. Haktanır expressed their contentment on hosting such a beautiful and special event.

Speaking on behalf of the Inner Wheel members participating the event, the Chair of the Inner Wheel Club, Eser Ruso Özyalçın, provided information about the club and expressed happiness for their involvement with children and elderly individuals through the Eastern Mediterranean University (EMU) Tourism Faculty and the Community Involvement Center. Also delivering a speech, Özge Yiğit, the Responsible Teacher of the Ötüken Special Education Center, mentioned that when the EMU CIC Board visited their school, the project was just a small seedling in terms of idea, but later, the Chair of CIC, Nazenin Ruso Kandemir, took that seedling, nurtured it into a sapling, and with the collaboration of EMU Tourism Faculty, Begonvil Inner Wheel Club, Chef Tanya Kilitkayalı, and Iskele Municipality, this sapling has grown

into a tree. Assoc. Prof. Dr. Haktanır presented Responsible Teacher Özge Yiğit from Ötüken Special Education Center and BBIWK Club's Chair Eser Özyalçın flowers for their contributions in the realization of the event. Moreover, all the participants received certificates of appreciation for their participation.

At the event, sponsored by BBIWK for materials and Iskele Municipality for transportation, pastries made during the event and gift bags prepared by BBIWK members were distributed to 18 different elderly homes previously identified, accompanied by students from the Ötüken Special Education Center. The project aimed to teach young children to be respectful towards elders and to convey the message to the elderly that they are not alone.



Last Week's Academic Publications | Source: Web of Science

Faculty of Arts & Sciences

- Elidemir, Ilkay Onbasi, Mehmet Ali Ozarslan, and Suzan Cival Buranay.** "On the Analysis of Fractional Calculus Operators with Bivariate Mittag Leffler Function in the Kernel." JOURNAL OF APPLIED MATHEMATICS AND COMPUTING, 2024. (Early Access)
- Fernandez, Arran.** "Abstract Algebraic Construction in Fractional Calculus: Parametrised Families with Semigroup

Properties." COMPLEX ANALYSIS AND OPERATOR THEORY 18, no. 3 (April 2024).

Faculty of Communication and Media Studies

- Ghofrani, Talayeh.** "The Impact of New Media Technologies on Persuasive Communication in the Time of Global Crisis." INTERNATIONAL JOURNAL OF TECHNOLOGY MANAGEMENT 94, no. 3-4 (2024).

Faculty of Business & Economics

- Haksever, Oguz Ufuk, and Ahmet Sozen.** "The Instrumentalization of Post-Truth Politics in Turkey: The Case of the 2023 Elections." TURKISH STUDIES, 2024. (Early Access)
- Gokmenoglu, Korhan K, and Efe Altıngunes.** "Volatility and Return Spillovers between Private Equity Buyout, Venture Capital and Major Financial Markets." INVESTMENT ANALYSTS JOURNAL, 2024. (Early Access)



**Eastern
Mediterranean
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Management at
Eastern Mediterranean University
Famagusta / North Cyprus
On behalf of Eastern Mediterranean University
Prof. Dr. Hasan KILIÇ, Rector
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