



APPLICATIONS FOR EMU ENTRANCE AND SCHOLARSHIP EXAM COMMENCE

Applications for the Eastern Mediterranean University's (EMU) 2022-2023 Academic Year Entrance and Scholarship Exam have commenced. The applications can be made online through <http://osyb.emu.edu.tr> link until Wednesday, 8 June 2022. Those who are not able to apply through online system can submit their applications to EMU Registrar's Office in person. EMU Entrance and Scholarship Exam will be held on Sunday, 12 June 2022

between 10:30 – 13:00 at the designated exam centers in Famagusta, Nicosia and Istanbul. Turkish Republic of Northern Cyprus (TRNC) citizens and students from the Republic of Turkey who completed their high school education in 4-consecutive years in TRNC will be able to enter the exam. Further information regarding the EMU Entrance and Scholarship Exam can be obtained from the exam guide at <https://tinyurl.com/yckrzmv7>.

FAMAGUSTA TURKISH MAARIF COLLEGE WINS THE EMU 26TH HIGH SCHOOLS MATHEMATICS COMPETITION

Famagusta Turkish Maarif College team comprising of Berkay Doyuran, Efe Abi and Nevzat Kınalısoy finished the competition in first place.

Organized by Eastern Mediterranean University (EMU) Arts and Sciences Faculty, Department of Mathematics with the contributions of Onay Fadıl Demirciler Education and Science Foundation, the final round of “26th High Schools Mathematics Competition” took place at Mustafa Afşin Ersoy Hall with the participation of Bülent Ecevit Anatolian High School, Famagusta Turkish Maarif College, Nicosia Turkish Maarif College, 19 May Turkish Maarif College and 20 Temmuz High School in front of audience. Speaking before the final commenced, Mathematics Department Chair Prof. Dr. Nazım Mahmudov stated that the competition could not be held for the last two years due to the pandemic and after the decision to hold it this year, there was a movement and excitement in the department. Prof. Dr. Mahmudov wished luck to the competing teams and thanked the Onay Fadıl Demirciler Education and Science Foundation for their financial support. Faculty of Arts and Sciences Vice Dean Assist. Prof. Dr. Mehmet Bozer touched upon the Mathematics Department and provided information about undergraduate, masters and doctoral degree programs. EMU Vice Rector for Academic Affairs Prof. Dr. Hüseyin Aktuğlu also delivered a speech where he said that the competition which is organized for the 26th time this year has become a brand in TRNC and thanked all the faculty members who have participated in the organization of the event during these years. Thanking the Onay Fadıl Demirciler Education and Science Foundation for their support, Prof. Dr. Aktuğlu wished all the finalists luck.

The results of the exciting and competitive final are as follows:

- Famagusta Turkish Maarif College team comprising of Berkay Doyuran, Efe Abi and Nevzat Kınalısoy finished “First” with their mathematics teachers Ceren Mirillo and Hüseyin Çırakoğlu,

- 19 May Turkish Maarif College team comprising of Emel Bozkurt, Sadık Kuruçan and Utku Bülbül finished “Second” with their mathematics teachers Eser Ruso Özyalçın and Ahmet Kasabalı,

- Bülent Ecevit Anatolian High School team comprising of Arda Öztüner, Berkcan Sadi Togan and Hüseyin Ekşici finished “Third” with their teachers Nursel Altan Andız and M. Ertan Dolu,

- Finishing the competition in fourth place, Nicosia Turkish Maarif College team comprising of Cemre Yeşil, Emine Meryem Şahin and Hüseyin Ademoğulları received the “Onay Fadıl Demirciler Special Award” with their teachers Deniz Ahiçhoca Çobanoğlu and Zehra Kavuklu Tokkan and,

- Finishing in fifth place, 20 Temmuz High School team comprising of Hasret Sıla Çavuşoğlu, Mustafa Gökalep Aslan and Yusuf Tufan Avcı received the “Assist. Prof. Dr. Kemal Demirciler Special Award” with their teachers Besime Tanul and Çelen Tokar. This year, third place holder in the semi-final round,

- TED North Cyprus College team comprising of Dilara Ulukul, Ece Balık and Emre Başaran received the “26th Year Special Award” with their teachers Fuat Ortaş and Fuat Temelci.

Telsim High School Orchestra Competition winner Nicosia Anatolian Fine Arts High School performed during the award ceremony where, winner of the competition Famagusta Maarif College team members were presented with their awards by EMU Rector Prof. Dr. Aykut Hoca'nın, second place owner 19 May Turkish Maarif College was presented awards by Vice Rector for Academic Affairs Prof. Dr. Hasan Demirel and third place owner Bülent Ecevit Anatolian



High School was presented awards by Vice Rector for Student Affairs Prof. Dr. Hüseyin Aktuğlu. Naciye Demirciler, daughter of late Onal Fadıl Demirciler respectively presented the Onay Fadıl Demirciler Special Award and Assist. Prof. Dr. Kemal Demirciler Special Award to Nicosia Turkish Maarif College and 20 Temmuz High School.

Individual Awards were also presented Awards for the Individual Category of the 26th High Schools Mathematics Competition which was held on 21 April 2022 were also presented by Prof. Dr. Hoca'nın, Prof. Dr. Demirel, Prof. Dr. Aktuğlu, Assist. Prof. Dr. Bozer, Prof. Dr. Mahmudov and Arts and Sciences Faculty former Dean Prof. Dr. Rza Bashirov.

First Place in Individual Category;
- Arda Öztüner (BEAHS) and Emel Bozkurt (19 May TMC),
Second Place in Individual Category;
- Hüseyin Ademoğulları (Nicosia TMC) and Sadık Kuruçam (19 May TMC)

Third Place in Individual Category;
- Emine Meryem Şahin (Nicosia TMC), and
26th Year Special Award winners;
- Hüseyin Ekşici (BEAHS) and Utku Bülbül (19 May TMC),
Onay Fadıl Demirciler Special Award winners;
- Ege Ündenış (19 May TMC) and Nevzat Kınalısoy (Famagusta TMC),
Assist. Prof. Dr. Kemal Demirciler Special Award winners;
- Ceylan Semerci (Nicosia TMC),
Ercem Cemal Osmanlı (Nicosia TMC) and Hasret Sıla Çavuşoğlu (20 Temmuz HS).

Onay Fadıl Demirciler Shield III
2022 competition winner Famagusta Turkish Maarif College became the perpetual owner of the Onay Fadıl Demirciler Shield III for a 5-year period by having their name engraved on the shield. The shield was presented to school director Savaş Moralı by Rector Prof. Dr. Hoca'nın and Naciye Demirciler.

EMU HOSTS INFORMATION-SKILLS COMPETITIONS BETWEEN VOCATIONAL HIGH SCHOOLS



Information Skills Competitions have been held at EMU Tourism Faculty and School of Computing and Technology (SCT) under the cooperation of the Eastern Mediterranean University (EMU) and the Turkish Republic of Northern Cyprus (TRNC), Ministry of National Education, Vocational and Technical Education Department. The opening of the competitions hosted by EMU was held on Thursday, 12 May, 2022 at 09:30 a.m. with the participation of the TRNC Minister of National Education Nazım Çavuşoğlu. Present at the opening were EMU Board of Trustees President Dr. Erdal Özçenk, Board of Trustees member Halil Orun and TRNC Ministry of National Education Private Secretary Kemal Şöföroğlu.

Speaking at the opening ceremony, EMU SCT Director Assoc. Prof. Dr. Nazife Dimililer welcomed all the participants and thanked those who have contributed to the realization of the event. Assoc. Prof. Dr. Dimililer stated that the sector is looking for employees who have a good command of technology, who know how to do business, and who have up-to-date knowledge and skills, and in parallel with this, the importance of vocational-technical education, which allows such labourforce to be trained, is increasing day by day. Assoc. Prof. Dr. Dimililer stated that they are happy that the SCT, which boasts international accreditations and provides vocational education at the university level, the second pillar of vocational education, hosts vocational high schools and contributes to the development of vocational education. Stating that they will host competitions in the fields of informatics, building drafting-autocad, building drafting-hand drawing and accounting, Assoc.

Prof. Dr. Dimililer wished all students to be sought after by continuing to improve themselves in the light of vocational education they received. Assoc. Prof. Dr. Dimililer wished all participants success in the competitions. In his speech, EMU Tourism Faculty Dean Prof. Dr. Hasan Kılıç stated that the competitions to be held at the Faculty of Tourism have been organised in memory of the famous Cypriot chef Zihni Türksel, who passed away recently. Prof. Dr. Hasan Kılıç also stated that it makes them happy to serve as a host in such events that could not be held during the pandemic. Stating that bringing up qualified workforce and preparing young people for the sector in line with the expectations of the sector are among their responsibilities, Prof. Dr. Kılıç emphasized that it is also among their responsibilities to carry out this task in cooperation with vocational high schools. Prof. Dr. Kılıç also stated that EMU Tourism Faculty is a unique education hub with the strongest infrastructure in the TRNC. Stating that vocational high school students will compete in the "Basket Competition" and "Local Cuisine Competition" categories in the cuisine branch, Prof. Dr. Kılıç added that the students will compete in the fields of "Service", "Cocktail", "Barista", and "General Tourism". At the end of his speech, Prof. Dr. Kılıç wished success to all participating students.

EMU Will Continue to Support Young People's Education

Gülşen Hoca'nın, Director of the Vocational-Technical Education Department of the TRNC Ministry of National Education, welcomed everyone for their participation and wished all students success in all competitions. EMU

Vice Rector for Social and Cultural Affairs Prof. Dr. Deniz İşçioglu, on the other hand, stated that they were extremely happy to host the competition and underlined that the competition in question would not only provide students with experience, but would be a great source of motivation for them. Prof. Dr. İşçioglu underlined that as a state university, EMU will continue to support similar activities that will contribute to the education of young people.

EMU is TRNC's Locomotive

The TRNC Minister of National Education Nazım Çavuşoğlu welcomed everyone and emphasized that their goal in organising the competitions is to reach the world from small geographies. Çavuşoğlu wished that such competitions to be held in cooperation with EMU would increase even more in the coming years and stated that EMU undertakes the role of a locomotive in these matters. Çavuşoğlu stated that our country is numerically low in terms of human resources and emphasized the importance of raising qualified labourforce in terms of knowledge and skills. Underlining that it is extremely important for students to come together with the sector, Çavuşoğlu stated that necessary arrangements have been made in this context. Wishing success to the students participating in the competition, Çavuşoğlu added that the future is bright and he believes that important individuals will emerge from the said competitions.

After the end of the competitions that will continue all day, awards will be presented to the winners at an award ceremony to be held at Atatürk Culture Center in Nicosia on Friday, 27 May, 2022.

EMU FACULTY OF HEALTH SCIENCES ORGANISED ACTIVITIES IN SCOPE OF THE INTERNATIONAL NURSES WEEK



Eastern Mediterranean University (EMU) Health Sciences Faculty, Department of Nursing organised an opening ceremony for the Basic Skills Laboratory as well as a panel titled “A Journey to the Science and Art of Nursing” within the scope of the International Nurses Week. Like every other year, the International Council of Nurses (ICN) set a theme to be discussed in all countries this year, which is “Invest in Nursing and Respect Rights to Secure Global Health”.

The opening of the “Türkan Aziz Nursing Skills Laboratory”, held as part of the International Nurses Week, took place on Thursday, 12 May, 2022, at 10:30 a.m. at the Faculty of Health Sciences, Block C. In the opening speeches that took place before the opening of the laboratory named after Türkan Aziz, the first Cyprus Turkish Head Nurse and the first Director of Midwives, Nurses and Carers in Cyprus, EMU Health Sciences Faculty, Nursing Department Chair Prof. Dr. Sevinç Taştan thanked everyone who have contributed to the renovation of the laboratory and provided information about the Nursing Department. Dean of EMU Health Sciences Faculty Prof. Dr. Mehtap Malkoç started her speech by emphasizing that they are proud and happy to be achieving remarkable successes as the Faculty of Health Sciences. Stressing that they are a faculty that values Cyprus and EMU through raising qualified graduates. Prof. Dr. Malkoç also noted that they attach great importance to quality assurance and accreditations as well as training programs.

Expressing his gratitude, EMU Vice Rector for Administrative and Technical Affairs Prof. Dr. Serhan Şensoy also expressed that the pandemic process has shown everyone how important the nursing profession is and that the Nursing Department contributed to the successful management of EMU’s pandemic process. Emphasizing the importance of investing in educational

laboratories, Prof. Dr. Şensoy stated that through the planning made, efforts have been spent towards strengthening all faculty laboratories. President of EMU Board of Trustees Dr. Erdal Özçenk, on the other hand, noted that the nursing profession is a profession that includes the concepts of human love, self-sacrifice, patience and tolerance, and stated that nurses serve without discrimination with the principle of health for everyone. Expressing that patient and employee satisfaction is very important in health, Dr. Özçenk, emphasised that this is an important point for the advancement of health and expressed that this also requires quality education. Noting that naming the laboratory Türkan Aziz is a noble act, Dr. Özçenk extended his best wishes to all nurses at the end of his speech.

In his speech, TRNC Minister of National Education Nazım Çavuşoğlu stated that health is an essential element throughout life and emphasised the importance of the nursing profession. Stating that laboratories are important in terms of practice, Minister Çavuşoğlu noted that EMU Health Sciences Faculty is working hard to train students at world standards and to provide the best services possible. Before the opening of the laboratory, bouquets of flowers were presented to Türkan Aziz’s relatives, who talked about their memories with Türkan Aziz.

Panel on “Journey to the Science and Art of Nursing”

As part of the International Nursing Week, a panel titled “Journey to the Science and Art of Nursing” was held at Mustafa Afşin Ersoy Hall at 13:30 on the same day. During the opening speeches of the panel, which started with a music concert, Prof. Dr. Sevinç Taştan stated that the Nursing Department has continued its development consistently since its establishment in 2010, and noted that they are aware of their responsibilities as

a department and that they are proud to take part in vocational training for nurses working in the clinic. Prof. Dr. Mehtap Malkoç noted that nurses undertake very important duties both in preventive and curative health services, and stated that healthcare is a team work. Prof. Dr. Malkoç added that as a faculty, they are advancing with the aim of bringing up well-equipped and innovative nurses who act in line with ethical values, and have advanced communication skills. EMU Vice Rector for Student Affairs Prof. Dr. Hüseyin Aktuğlu started his speech by stating that the nursing profession is a sacred profession. Noting that universities have various responsibilities, Prof. Dr. Aktuğlu emphasized the importance of being a supportive and devoted university in the fields of social, cultural and community services besides the academic field. Prof. Dr. Aktuğlu ended his speech with the wish of a successful conference.

Following the opening speeches, the panel continued with various presentations moderated by Prof. Dr. Mehtap Malkoç ve Prof. Dr. Sevinç Taştan. The said presentations were; “Invest in Nursing and Respect Rights to Secure Global Health” by EMU Department of Nursing academic staff member Assist. Prof. Dr. Arzu Abiç, “Scientific Journey of Nursing: From Past to Present” by EMU Department of Nursing academic staff member Prof. Dr. Hatice Bebiş’ “Nursing Meeting Art in the Career Journey” by TRNC Ministry of Health, Nursing Department Chief Dr. Vesile Erdoğan Topçuoğlu. Activities of EMU Nursing Department students took place following the presentations. The event continued with an award ceremony organised for the winners of a volleyball tournament which was held on Wednesday, 11 May 2022 at 13:30 between EMU Nursing Department academic staff and students. The event came to an end with a cocktail.

EMU MUSIC TEACHING PROGRAM ORGANIZES END OF YEAR EVENT IN MEMORY OF LATE ALEKSANDR ZABOLOTKOV



Not being organized for last couple of years due to the pandemic, the annual end-of-year event of Eastern Mediterranean University (EMU) Education Faculty, Fine Arts Education Department, Music Teaching Program was held at Rauf Raif Denktaş Culture and Congress Center. This year, the event where the music teaching students perform their work was held a heavy heart. Students dedicated the end of year event to Education Faculty, Fine Arts Education Department academic staff member Aleksandr Zabolotkov who recently passed away leaving a sad EMU Family behind. The event commenced with biography of Zabolotkov and continued with a video screening compiled from memories of late academic staff member and his students.

“I Wish that He Stands by Me in Every Note I Play”

Stating that Aleksandr Zabolotkov was one of the wisest individuals she has ever known, Music Teaching Program Final year student Dilan Eylül Gülhan who delivered a speech on behalf of the students said: “Mr. Zabolotkov was someone who was always positive, who did not break any hearts and whose eyes always shined with joy. He always believed in me. He would advise that time flies for all of us, and that our lives are actually as valuable as we can use this time. I wish that he stands by me in every note I play. I will try to be a worthy teacher for you until the end of my life”.

“Mr. Aleks was supposed to be here”

Delivering a speech at the event, EMU Education Faculty, Fine Arts Education Department Head Prof. Dr. S. Çetin Aydar stated that they organized an end-of-year event for the first time after the face-to-face training started and pointed out that this event was unfortunately overshadowed and saddened by an irreplaceable loss. Prof. Dr. Aydar mentioned that in the planned program, Aleksandr Zabolotkov was also envisaged to perform works with the orchestra, but unfortunately this could not be realized. Prof. Dr. Aydar continued his words by saying: “We are deeply saddened by this loss and we dedicate this event to him. Many of our students will make music on such a stage for the first time in tonight’s concert which will be performed in memory of Mr. Aleks. They will present some of the works that they have been working on for a whole year. This is a huge experience for them”.

“A Heavy-Hearted Event”

EMU Education Faculty Dean Prof. Dr. Ahmet Pehlivan also delivered a speech during the event where he said that the event was actually an event to be celebrated with the enthusiasm but it turned into sadness with the sad news they received. Emphasizing that they experience the sadness of losing a beloved academic staff member, Prof. Dr. Pehlivan talked about the personality of

Aleksandr Zabolotkov and his valuable contributions to the faculty and department. Prof. Dr. Pehlivan thanked all Fine Arts Education Department staff and students who contributed to the realization of the event, especially the late Aleksandr Zabolotkov.

EMU Vice Rector for Social and Cultural Affairs Prof. Dr. Deniz İşioğlu stated that they had a sad night and that Aleksandr Zabolotkov has a special value and good memories for everyone at EMU. Underlining that Zabolotkov will always be with the EMU Family, Prof. Dr. İşioğlu thanked those who contributed to the realization of the event and wished the participants to have a nice evening.

A Magnificent Concert from the Students

After the opening speeches, the students performed their work which they prepared throughout the year and gave the participants a musical feast. Then, EMU Music Teaching Program Choir took stage. While Erkan Dağlı was the conductor of the choir, Masis Aram Gözbek took part in the event as the Guest Conductor. On the other hand, the pianists performing with the choir were Maka Rotheri and Aliona Manastırlı. At the end of the event, Vice Rector Prof. Dr. İşioğlu presented bouquets to conductors, pianists and trainers.

EMU FACULTY OF ARCHITECTURE ACADEMIC STAFF MEMBER PROF.DR. ŞEBNEM HOŞKARA SELECTED FOR THE 58TH ISOCARP WORLD PLANNING CONGRESS TEAM

Eastern Mediterranean University (EMU) Architecture Faculty, Architecture Department academic staff member and EMU Urban Research and Development Center (EMU URDC) President Prof. Dr. Şebnem Hoşkara has been selected to the 58th ISOCARP World Planning Congress team, an event to be held in Brussels between 3 and 6 October 2022 with the main theme of “From Wealthy to Healthy Cities”.

Organized annually by the International Society of City and Regional Planners (ISOCARP), the World Planning Congress brings together planners, urbanists, urban designers, construction and design experts,

professionals and locators from all over the world in an inclusive dialogue, facilitating information exchange. .

Having been selected to the World Planning Congress team consisting of academics with diverse perspectives and expertise from the southern and northern hemispheres, planners, and ISOCARP Congress Director and Local Congress Director, Prof. Dr. Hoşkara stated that together with the members of the said team, she would be responsible for the creation of the 58th ISOCARP World Planning Congress’ content, organization of the sessions and preparation of the entire program.



EMU FACULTY OF HEALTH SCIENCES ACADEMIC STAFF MEMBER RELEASES A STATEMENT ON THE OCCASION OF 12 MAY INTERNATIONAL FIBROMYALGIA AWARENESS DAY

Eastern Mediterranean University (EMU) Faculty of Health Sciences, Physiotherapy and Rehabilitation Department academic staff member Assist. Prof. Dr. Sevim Öksüz released a statement regarding the 12 May International Fibromyalgia Awareness Day. Assist. Prof. Dr. Öksüz’s statement reads as follows:

Fibromyalgia syndrome, also known as ‘soft tissue rheumatism’, affects 3% of the population. It is also seen in childhood and in men, and more frequently affects women. Although the causes are not fully known, the latest research shows that it is caused by genetic tendencies that affect triggering factors such as infection, physical or emotional trauma, and stress. The most popular theory that emerged in recent years is that the brain for some reason lowers the pain threshold and sensations that weren’t painful become very painful over time. Another theory states that nerves overreact to pain signals. As a result of these theories, the brain and nerves in individuals may misinterpret normal pain signals or overreact.

There is no laboratory test or imaging method that can detect fibromyalgia syndrome. For this reason, it is either seen as a mental disorder or not accepted as a “real” disease as a result of the inaccurate and common beliefs of the individual’s relatives and social environment. This affects the individual’s social life. In addition to musculoskeletal symptoms including chronic, widespread pain, stiffness, tender points in various parts, fatigue and so forth; mood changes, effects on memory and cognitive problems, not being able to wake up in the morning rested as a result of

sleep disorders, hypersensitivity to external stimuli may accompany the picture. As a result of these symptoms, disability increases, activities of daily life and mobility are affected, leading to a decrease in life quality.

Since fibromyalgia syndrome has psychological and social effects as well as biological effects, the treatment process is complex. In order to achieve success in the management of symptoms, multidisciplinary team members including health professionals such as rheumatologists, physiotherapists, psychologists and dietitians should work together and a patient-centered management should be targeted. Safely recommended non-drug treatment approaches are physical activity and exercise programs organized by physiotherapists together with cognitive behavioral therapies given by psychologists. False beliefs such as physical activity and exercise increase pain should not be given credit to. It should be noted that these can only trigger pain if the amount is not well adjusted. Two types of exercise are emphasized in the treatment of fibromyalgia syndrome; namely, aerobic exercises and strength training. Aerobic exercises such as walking and swimming reduce fatigue and affect mood positively. In addition to these, activities such as Pilates, Yoga, Tai-chi that provide body awareness are also very effective if they are monitored by trained individuals. The most important factor here is to plan and gradually increase the intensity of physical activity and exercise in order to prevent the triggering of symptoms. It is important to do it regularly and throughout life to increase success in symptom management; therefore, activities that the individual can enjoy and continue should be preferred.



Since information not obtained from the right source will increase fear and anxiety, patient training should be started as soon as the diagnosis has been made. The focus of the treatment should be learning how to live with this syndrome. Instead of letting symptoms control life, management of symptoms should be taught. The increase in symptoms to be experienced from time to time in this life-long struggle should not be seen as a failure, but should be regarded as a sign to return to self-management skills. In chronic pain management, it is necessary to recognize and remove the factors that trigger pain, to break the excessive activity-rest cycle, to increase sleep quality and to provide relaxation training. Fibromyalgia is a real disease and individuals are not alone in the symptom control process for quality life.

TWO SEMINARS ORGANIZED AT THE FACULTY OF BUSINESS AND ECONOMICS WITHIN THE SCOPE OF THE EMU 10TH INTERNATIONAL CAREER DAYS



Organized annually by the Eastern Mediterranean University Alumni Communication and Career Research Directorate (EMU-MIKA), the 10th International Career Days events continued with EMU Business and Economics Faculty. The event hosted Prof. Dr. Engin Kara from Cardiff University as the speaker of seminar titled “The Macroeconomic Effects of Increasing Economic Uncertainty” organized within the collaborations of EMU Economic Research Center (ERC) and the Business and Economics Faculty,



Economics Department. The opening speech of the seminar was delivered by the Chair of EMU Economics Department and member of ERC, Prof. Dr. Mehmet Balcilar.

After completing his PhD study in Economics in University of York, UK, Prof. Dr. Kara worked as a researcher in various institutions before Cardiff University, most notably at Bristol University, Exeter University and the Central Bank of Belgium. Moreover,

Prof. Dr. Kara currently works as a consultant at the IMF. Prof. Dr. Engin Kara’s research mainly focuses firm pricing behavior, inflation, macroeconomic uncertainty and fiscal policy and his work within these fields has been published in top academic journals such as the journal of Monetary Economics and the journal of Money, Credit and Banking. Faculty of Business and Economics students showed great interest in the seminar where their questions were answered by Prof. Dr. Kara.

The guest of “What is your excuse?” seminar organized within the scope of the 10th Career Days was Northern Cyprus Young Businessmen’s Association (GIAD) Executive Board Chairman Muhit Ince. Talking on his professional experiences, Ince provided information about his way of thinking, the opportunities he benefitted and the problems he faced during the seminar, which took place in the form of questions and answers. The students asked Ince about their career plans and received advice. At the end of the seminar, Vice Dean of the Faculty of Business and Economics Assist. Prof. Dr. Yenal Süreç presented a plaque to Muhit Ince, Chairman of the GIAD Executive Board.

EMU-PDRAM’S STATEMENT ON 10 MAY PSYCHOLOGISTS DAY



President of the Eastern Mediterranean University Psychological Counseling, Guidance and Research Center (EMU-PDRAM) Dr. Ps. Fatoş Özylem made a statement on the occasion of 10 May Psychologists Day. Dr. Ps. Özylem included the following in her statement:

“10 May Psychologists Day, first observed in 2008, is not a universally recognised day, but is celebrated every year by psychologists and professional organizations of psychologists in Turkey and Northern Cyprus (eg: Turkish Psychologists Association, Cyprus Turkish Psychologists Association). However, 10 May, Psychologists Day, is more than a day of celebration; It is a day when the problems caused by the correct definition of the science of psychology, psychologists fields of work, and especially the lack of a professional law for psychologists in Turkey and Northern Cyprus are revealed. Psychology can be defined as a field of science and practice that examines the human mind and the thoughts, feelings and behaviors generated by cognitive/mental processes with scientific methods.

The Turkish Psychological Association Definitions Commission Report (2011) defines the basic study subjects of psychology as the relationship between brain and behavior, perception, cognition, attention, memory, personality, emotions, behavior, attitude, interpersonal/group processes and culture. The science of psychology is a discipline that makes significant contributions to the protection of human health in individual and social contexts with the theoretical and applied study subjects in these fields. The definition of health by the World Health Organization draws attention to the role of psychology in the field of health and expresses health as “not only the absence of diseases but also a holistic state of physical, mental and social well-being”. While the definition emphasizes that mental health is a fundamental and integral part of health, it states that physiological health cannot be evaluated independently of mental health. In this context, psychology is an independent field of science and profession with proven impact on both in the treatment of mental health disorders, in preventive / preventive intervention programs (eg, around 50 psychotherapy approaches, in the prevention and intervention programs of mental health disorders or psychological crises), as well as in human and public health with its wide spectrum of theories and scientific research. In addition to the field of health, psychology is a science with sub-fields divided into theoretical and applied fields such as education, environment, politics, family, industry, law, sports and many more. The theoretical sub-fields of psychology include cognitive psychology, experimental psychology, developmental psychology, personality psychology, psychometry and social psychology, while its applied subfields include clinical psychology, counseling psychology, neuropsychology, health psychology, psychopharmacology, forensic psychology, industry and organization. psychology, traffic psychology, school psychology and sports psychology. The economic, political, social and cultural changes that have occurred throughout the world over the years have inevitably reflected on the cognitive and social processes of human

development, increasing the need for information that will shed light on understanding people / groups of people in areas other than health, and in line with these needs, the study areas of psychology have diversified over the years. The American Psychological Association (APA) states that psychology today has 54 different fields of study (e.g. trauma psychology, peace psychology, women’s psychology, addiction psychology). The aforesaid data shows that information on psychology and psychological services are observed in many parts of life today. The diversification of the fields of psychological services has increased the tendency to pursue university studies in the field of psychology in many countries. Psychology is one of the most popular higher education fields in the world today in the fields of undergraduate, postgraduate and doctorate studies. According to the 2021 data of the Council of Higher Education (YÖK) Atlas, 12,000 students are admitted to psychology departments at universities every year. Both in Turkey and Northern Cyprus, an increasing number of psychology graduates step into the field every year and start to serve in academic and / or applied fields after their postgraduate studies. However, in both countries a legal structure that protects or controls these services is not available. Studies on the professional law of psychologists in Turkey have been carried out since the 1970s and in Northern Cyprus since 2000, but the legal processes are constantly interrupted. Despite the increasing popularity of psychology throughout the world, the increasing need for psychological services, and the diversified service areas of psychology, the lack of a professional law for psychologists not only make psychologists but also individuals who receive psychological services open to all kinds of abuse. In this context, I wish you all a happy 10 May, and hope that we can celebrate the provision of psychological services under a professional law that will cover all areas of expertise of psychology, protecting not only the professional rights of psychologists, but also the rights of psychology students and individuals receiving psychological services.”

EMU RELEASES A STATEMENT ON 8 MAY WORLD THALASSEMIA DAY

Eastern Mediterranean University (EMU) Dr. Fazıl Küçük Faculty of Medicine and Marmara University Faculty of Medicine International Joint Medicine Program academic staff member Assoc. Prof. Dr. Asu Fergün Yılmaz released a statement about “8 May, World Thalassemia Day”. Assoc. Prof. Dr. Yılmaz’s statement reads as follows:

8 May, World Thalassemia Day: What is Thalassemia Disease?

Thalassemia, also known as Mediterranean Anemia, is one of the most common hereditary blood diseases in our country. Due to hereditary transmission, the frequency of the disease increases, especially in regions where consanguineous marriages are common, and it becomes an important public health problem. In order to emphasize the importance of thalassemia, every year since 1993, 8 May is observed as the ‘World Thalassemia Day’ and the importance of thalassemia is emphasized through various broadcasting organizations throughout the week.

What is Thalassemia?

Thalassemia is a blood disease genetically inherited from parents, causing severe anemia. There are special proteins called hemoglobin inside the red blood cells (erythrocyte, red blood cells) that ensure the transport of oxygen to the tissues. In thalassemia, the production of this protein is significantly reduced, and as a result, very serious anemia occurs, which requires a decrease in oxygen transport to the tissues and regular blood supply. In addition to symptoms such as fatigue, weakness, palpitations due to anemia; iron accumulation and iron organ failure may develop due to monthly regular blood transfusions.

What are the Types of Thalassemia?

Depending on whether the genes in the mother and father carry the disease, Thalassemia can develop in three different ways in the individual:

1. Thalassemia Minor (Carrier): The individual is

mostly completely healthy. Even if there is mild anemia, it often does not cause complaints and the person does not need blood transfusion. Therefore, thalassemia carriers may not know that they have this disease.

2. Thalassemia Intermediate (Mild disease): Mild anemia and mild disease symptoms are present.

3. Thalassemia Major (Severe disease): The symptoms of anemia are very severe and usually begin to appear from the 3rd month of life. Such persons require regular blood transfusions for the indicated reduction of disease-related problems.

Who is at Risk for Thalassemia?

In order for the severe disease called Thalassemia Major to develop in the individual, the gene carrying the disease must be passed on to the individual from both parents. Therefore, in order for individuals with thalassemia to be born, both parents must have the disease. If both parents are carriers (Thalassemia Minor), there is a chance that 50% of the children to be born will be carriers, 25% are healthy and 25% are sick. If only one of the mother or father is a carrier and the other is healthy, there is a 50% chance of being a carrier and 50% chance of being healthy in every child to be born.

Is It Difficult to Diagnose Thalassemia Disease and Carriers?

Diagnosis of thalassemia can be made with simple blood tests. In cases where genetic tests are required, tests can be performed with a blood sample taken from the individual.

Is It Possible to Treat Thalassemia Disease?

Although no treatment is required in patients with Thalassemia Minor, it is aimed to keep anemia below a certain level by performing routine blood transfusions in patients diagnosed with Thalassemia Major. Thus, the development of organ damage caused by anemia can be prevented. However, continuous blood transfusion can cause



excess iron accumulation in the body, which can also cause organ damage and failure. For this reason, some additional treatments should be applied to patients who are routinely transfused to remove excess iron from the body. Other methods that can be used in the treatment of patients with thalassemia major are spleen removal, stem cell transplantation and gene therapies.

Can Thalassemia Be Prevented?

The most important method to prevent thalassemia is to inform the public. The birth of children with Thalassemia Major can be prevented by identifying thalassemia carriers, informing them about risks, providing necessary genetic counseling, and performing prenatal genetic tests when necessary.

Don't Forget, Make Them Not Forget!!!

Thalassemia is a hereditary disease that can be prevented through community training, premarital screening tests and prenatal tests.

- Being a thalassemia carrier is not a limitation for marriage and having healthy children.
- Thalassemia is not a contagious disease.
- Being a carrier of thalassemia disease does not mean it will turn into severe Thalassemia disease later in life



8TH INTERNATIONAL CONFERENCE ON GENDER STUDIES FROM EMU CWS



CENTER FOR WOMEN'S STUDIES
EASTERN MEDITERRANEAN UNIVERSITY
KADIN ARAŞTIRMALARI VE EĞİTİM MERKEZİ
DOĞU AKDENİZ ÜNİVERSİTESİ

The Eastern Mediterranean University (EMU) Center for Women's Studies (CWS) will hold an international conference titled "8th International Conference on Gender Studies: Gender and Art" at Rauf Raif Denktaş Culture and Congress Center between 12-14 May 2022.

The conference aims to add new studies to literature by encouraging the participants towards intergenerational and intersectional dialogues around the theme of gender and art. The conference, which aims to deal with all aspects of how gender roles based on sovereignty ideologies and socio-cultural fictions are produced, supported and criticized through art, as well as the struggle of art producers and critics with gendered bodies and social order based on inequality, will be presented to leading academics, researchers and practitioners, will create an outstanding platform for them to present their work, discuss and shed new light on the field. At the

same time, other gender issues will be addressed in this platform. The co-chairpersons of the conference, which will last for 3 days, is EMU-CWS President Assoc. Prof. Dr. Süheyla Üçışık Erbilin and EMU Architecture Faculty, academic staff member Prof. Dr. Kağan Güneç. The keynote speakers of the conference are Prof. Dr. Ahu Antmen with her presentation titled "To be or not to be: 'Women Artists'" and Laleper Aytekin with her presentation titled "Reading the History of the Photograph Canon as a History of Subjectivization of Female Photographers who have been ignored for many years".

EMU ONCE AGAIN BECOMES WRESTLING CHAMPION



Eastern Mediterranean University (EMU) Men Wrestling Team operating under the EMU Sports Affairs Directorate became champion in the Universities Wrestling Tournament organized by the Turkish Republic

of Northern Cyprus (TRNC) Wrestling Federation in Nicosia. The tournament took place on Tuesday, 10 May 2022 at 18:00. With this year's championship, EMU Men Wrestling Team succeeded to get the championship third

time in a row. EMU Men Wrestling Team took the first place in 4 categories of the tournament which consisted total of 8 categories and ended the tournament with 175 points, leaving the closest opponent 50 points behind. According to the tournament results following EMU contestants won golden medals: Rozymurat Charyyev in 57 kg, Necmi Mert Tezcan in 61 kg, Okan Kırdag in 74 kg and Furkan Sönmez in 97 kg. On the other hand, EMU contestants who won silver medals are Muzaffar Nazhmetdinov in 70 kg, Serhat Atlı in 66 kg and Mert Büyükköztürk in 125 kg. Lastly, Mehmet Ali Malik Homak won bronze medal in 85 kg category. EMU Sports Affairs Directorate academic staff member Beha Evren Karabulutoglu coached the champion EMU Men's Wrestling Team, while Mehmet Emin Alkın Çimeli contributed to the team's preparation for the tournament.

This Week's Academic Publications

Source: Web of Science

Faculty of Pharmacy

1- **Ghasemi, Farzad**, Fatemeh Ghaffari, Navid Omidifar, Masoumeh Taheri Azandaryani, and Amir Nili-Ahmadabadi. "Hepatic Response to the Interaction Between Thymoquinone and Iron-Dextran: an In Vitro and In Vivo Study." *Biological Trace Element Research* (2022): 1-10. (Early Access)

2- **Ghourichay, Mohammadali Poursharifi**, Seyed Hossein Kiaie, Ali Nokhodchi, and Yousef Javadzadeh. "Formulation and Quality Control of Orally Disintegrating Tablets (ODTs): Recent Advances and Perspectives." *BioMed Research International* 2021 (2021).

Faculty of Health Sciences

1- Zahid, Mahbuba, Edibe Unal, Özlem Özdemir Işık, **Sevim Oksuz**, Jale Karakaya, and Ayse Erguney Cefle. "The reliability, validity, and responsiveness of Cognitive Exercise Therapy Approach-Biopsychosocial

Questionnaire for patients with fibromyalgia." *International Journal of Rheumatic Diseases* (2022). (Early Access)

Faculty of Communication and Media Studies

1- **Elega, Adeola Abdulateef**, Engin Aluç, Omar Abu Arqoub, and **Metin Ersoy**. "Charting the Progression of a Journalism Subarea: A Meta-Analysis of Peace Journalism Scholarship." *International Journal of Communication* 16 (2022): 28.

Faculty of Arts & Sciences

1- **Mustafa, Omar**. "Comment on the "asymmetric variation of a finite mass harmonic like oscillator"." *Results in Physics* 33 (2022): 105149.

Faculty of Business & Economics

1- **Ogunmokon, Oluwatobi A.**, Seldjan Timur, and **Juliet E. Ikhide**. "Reversing student attrition intentions using university COVID-19 response: a serial mediation

and multi-group analysis." *Journal of Marketing for Higher Education* (2022): 1-20. (Early Access)

2- **Attarzadeh, Amirreza**, and **Mehmet Balcilar**. "On the dynamic return and volatility connectedness of cryptocurrency, crude oil, clean energy, and stock markets: a time-varying analysis." *Environmental Science and Pollution Research* (2022): 1-12. (Early Access)

3- **Jenkins, Glenn P.**, Olasehinde G. Williams, and **Saule Baurzhan**. "Is there a net economic loss from employing reference class forecasting in the appraisal of hydropower projects?" *Renewable & Sustainable Energy Reviews* 159 (2022).

Faculty of Tourism

1- **Yorganci, İlkay**, and **Erol Emin**. "How to unlock the benefits of ecotourism: a case study of Karpaz, North Cyprus." *Worldwide Hospitality and Tourism Themes* ahead-of-print (2022). (Early Access)



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